



Chet Valley Churches

Weekly News

11 March—Mothering Sunday

Welcome to this church. We hope you will find the service thoughtful, prayerful and a chance to meet with God. If you are new to the church, or are a visitor, do introduce yourself to the person taking the service or to someone near you. The churches in our group have different facilities. The person handing out books can tell you such things as if there is a hearing loop, and if the building has a toilet.

Readings for today

1 Samuel 1.20-28
2 Corinthians 1.3-7
Luke 2.33-35

Psalm 34.11-20



Prayer for today

God of love,
passionate and strong,
tender and careful:
watch over us and hold us
all the days of our life;
through Jesus Christ our Lord.

Dates for your diary

This section is only useful if you tell us what's on! The contact details for this newsletter are on the back page.

- Mon 12 Monday Mardles, 10am-12noon, Chedgrave Church Centre
- Mon 12 Home group, 7.30pm, Chedgrave church centre
- Tue 13 Senior Citizens' Lunch Club, 12.15, Loddon Junior School (book via church office)
- Tue 13 Fourth Quiet & Compline of Lent, 7.00-8.00pm, St John's, Loddon (see inside)
- Wed 14 Noah's Ark for children and parents, 9.30-12noon, St John's Chapel, Loddon
- Wed 14 Fourth Lent Lunch, 12noon-1.30pm, St John's Lecture Hall, Loddon (see inside)
- Wed 14 Home group, 2.30pm, Lodge Farm, Sisland
- Wed 14 Home group, 7.30, 9 Sycamore Close, Loddon
- Thur 15 Xtra! service, 3.45, St John's Chapel, Loddon
- Sat 17 Chedgrave churchyard spring clean, 10am-12noon

Advance Dates

- Sat 24 Jumble Sale, 10am-1pm, St John's Chapel, Loddon
- Sat 24 Rehearsal for Chedgrave's Easter Choir, 2-3.30pm, Chedgrave church
- Thur 29 Chrism Eucharist, 11am, Norwich Cathedral
- Thur 29 Seder Meal and Holy Communion for Maundy Thursday, 7pm, St John's Chapel

Prayers Please...

Please pray for people and situations in the locality and beyond...

Especially let's pray for people in our locality as we travel through Lent towards Easter. Let's pray that we may be ready and willing to share the Easter story with our friends and neighbours. On a wider scale, let's pray for missionaries and evangelists throughout the world as they work to spread the good news.

Use the Prayer Snow Shower

We have a 'prayer shower' for urgent prayer requests. Contact Val Fryer, email valfryer@btconnect.com tel 01508 521154. Also contact Val if you would like to pray for urgent needs as part of the shower.

Time for Prayer

On Tuesday evenings from 7.30 to 8.30pm we meet at St John's Chapel in Loddon for 'Time for Prayer and Space for Reflection'. On the third Tuesday of the month this takes the form of an informal communion service with blessing. Just turn up or contact Jill Haylock on 01508 520248.

Morning Prayer in Church

You are welcome to come to Morning Prayer at 9am as follows:

Mon & Thurs:	St John's, Loddon
Tues:	St Margaret's, Hardley
Wed & Sat:	All Saints, Chedgrave
Fri:	St Mary's, Sisland

News and Events

Quiet and Compline in Lent—do come along

Each Tuesday evening in Lent we have an hour's quiet at St John's Loddon, ending with the brief but beautiful service of Compline. It starts at 7.00 although you can come and go as you wish (but please do it quietly). For the first two weeks we have met in the Resource Room/Vestry, which is small, but distinctly cosier than the main church or the Lecture Hall! If you would like to lead Compline, get in touch with David Owen on 01508 522993.

Lent lunches—Eat for a Good Cause!

On 14 March our Lent lunch is being hosted by the Roman Catholic community, and after that we have one more before Holy Week and Easter. Do try and come to the lunches—it's a chance to enjoy some excellent home made soup and bread with a cuppa and biscuit to follow, and to do some good by supporting this year's Lent Project. or donating to the food bank. You'll probably want lunch on Wednesday, so why not come to St John's and eat there?

Easter Choir at Chedgrave

On Easter Sunday there will be Communion at Xpressions Café, at which we hope to have a choir. There will be one rehearsal on Sat 24 March (2-3.30pm in Chedgrave church) and maybe another on Sat 31 March if needed. Some of the music will be the same as last year, and some will be songs sung to well-known tunes. All are welcome to come and sing—please let Alison Ball know if you're interested (01508 528126, email ball880am@btinternet.com)

Looking Ahead—Seder on Maundy Thursday

Those who came to last year's Seder on Maundy Thursday said we should do it again, so we will. It is a service based on marking the Passover (as at the Last Supper) which leads into a meal together and to Holy Communion. It's a very moving occasion, so put it in your diary now.

Chrism Eucharist

On Maundy Thursday (29 March) there will be the annual Eucharist in the Cathedral when the oils of Baptism, Chrism and the anointing of the sick are blessed and distributed to parishes. The service is followed by a sandwich lunch for those who wish to stay. If you would like to go to the service, please let David Owen know.

Monday Home Group in Lent

The Monday group is meeting in Chedgrave Church Centre at 7.30 during Lent, following the Society for the Propagation of the Gospel's Lent course. It is looking at the UN sustainable goals programme in an accessible and interesting way. With Bible study and time for discussion and reflection it should be a good series. Just turn up if you'd like to join in.

Chedgrave Churchyard Spring Clean

On Sat 17 March all available help will be most welcome for a Spring Clean of Chedgrave Churchyard from 10am to 12 noon. Please be there if you can.

Things to Note

Oops—Confusion created by mistake

If you usually use Contact to find service times please note that there has been an error in the Feb and March issues. Check out 'Services and Readings Next Week' on the back of the News.

Message from Ros

There's some good news from Ros Hoffmann—she has finished her chemotherapy, and is now ready to start getting back to her involvement in church. Please pray for her, and for Muriel.

Easter Cards on Sale

Easter cards celebrate the church's greatest festival. Why not buy your cards after services in Loddon and Chedgrave during Lent?

Methodist Easter Offering

Now is the time to contribute to the Methodist Church's Easter offering for world mission. If you would like to make a donation, please use an envelope (available in St John's) and gift aid it if possible. Then return it to Hazel Catchpole (4 Proctor Avenue, Chedgrave).

Information

Clergy

Rev. David Owen 01508 522993
david.chetvalley@gmail.com (Not Thur)

Rev. Richard Seel 01508 521938
richard@emerging-church.org (Not Fri)

Rev. Ros. Hoffmann 01508 548200
ros@hoffmann2011.plus.com (Not Mon)

Rev. Alison Ball 01508 528126
ball880am@btinternet.com (Not Fri)

Rev. Jill Haylock 01508 520248
jillhaylock@aol.com (Not Mon)

Rev. Ernie Bossé 01502 470815
ernestbosse250@gmail.com (Not Mon, Methodist)

Church Office

To contact the Church Office call 01508 521179 or email office@chetvalleychurches.org or . The Church Office is just inside the door at St John's Chapel, Loddon. It opens Mon, Tues, Thur & Fri 10am-4pm and 10am-1pm on Weds.

Prayer Shower

For situations that need urgent prayer, or to pray for others, contact Val Fryer at valfryer@btconnect.com or 01508 521154

Newsletter Editor

Send items for the Weekly News to news.chetvalleychurches@gmail.com (preferred) or on paper to the Church Office or b.y phone to the Office on 521179, by Wednesday mid day. Please include your name and phone number in case we need to contact you.

Newsletter By Email?

Would you like to receive your Weekly News by email, making sure you get the news even if you can't be in church on Sunday? If so, send an email to news.chetvalleychurches@gmail.com

Website, including events diary

(www.chetvalleychurches.org)
To submit information for the website, email website@chetvalleychurches.org

Food Bank Contributions

To donate items to the Norwich Food Bank put them in the collecting boxes in Chedgrave church or St John's Chapel, Loddon (open 10am – 4pm week days).

Services and readings next week—18 March Fifth in Lent

10.45am	Holy Communion	Loddon (St John's)
11.00am	All Together Worship	Chedgrave—followed by bring & share lunch
5.00pm	Evening Prayer	Sisland

You might take time to look at next week's readings:

Jeremiah 31.31-34, Hebrews 5.5-10, John 12.20-33, *Psalms* 51.1-13

Tailpiece	Sometimes you come across a really toxic person. How to deal with them? Intoxicate them, of course. (Don't take this one too seriously!)
-----------	--