



Chet Valley Churches

Weekly News 10 March—Next before Lent

Welcome to this church. We hope you will find the service thoughtful, prayerful and a chance to meet with God. If you are new to the church, or are a visitor, do introduce yourself to the person taking the service or to someone near you. The churches in our group have different facilities. The person handing out books can tell you such things as if there is a hearing loop, and if the building has a toilet.

Readings for today

Deuteronomy 26.1-11

Romans 10.8b-13

Luke 4.1-13

Psalms 91.1-2,9-16*



Prayer for today

Heavenly Father,
your Son battled with the powers of darkness,
and grew closer to you in the desert:
help us to use these days to grow in wisdom
and prayer
that we may witness to your saving love
in Jesus Christ our Lord.

Dates for your diary

This section is only useful if you tell us what's on! The contact details for this newsletter are on the back page.

- Mon 11 Monday Mardles, 10am-12noon, Chedgrave Church Centre
- Mon 11 First meeting of Lent Course, 7.30pm, Chedgrave Church Centre
- Tue 12 Seniors' Lunch Club, 12.15, Loddon Junior School (book on Mon via church office)
- Tue 12 Quiet and Compline 7pm, Chedgrave church
- Wed 13 Noah's Ark for children and parents, 9.15-12noon, St John's Chapel, Loddon
- Wed 13 Lent Lunch, 12noon-1.30pm, St John's Lecture Hall, Loddon
- Wed 13 Home group, 2.30, Lodge Farm, Sisland
- Wed 13 Home group, 7.30, 82 Oak Avenue
- Thur 14 Xtra! service, 3.45, St John's Chapel, Loddon

Advance Dates

- 5 April Quiz & Chips in aid of TearFund, 7pm, St John's Lecture Hall, Loddon (See inside)
- 14 April Ecumenical service for Palm Sunday, 6pm, Chapel Field Methodist Church. Preacher: Revd Canon David Paul, Dean of RC Cathedral

Prayers Please...

Please pray for people and situations in the locality and beyond...

Especially let's pray for the local churches as we start the season of Lent and focus on giving something up or taking up something new. Let's pray for generosity for the Lent Project and for other causes that we support. On a wider scale let's pray for church leaders and for those seeking reconciliation in our troubled world.

Use the Prayer Shower

We have a 'prayer shower' for urgent prayer requests. Contact Val Fryer, email valfryer@btconnect.com tel 01508 520235. Also contact Val if you would like to pray for urgent needs as part of the shower.

Time for Prayer

On Tuesday evenings from 7.30 to 8.30pm we meet at St John's Chapel in Loddon for 'Time for Prayer and Space for Reflection'. On the third Tuesday of the month this takes the form of an informal communion service with blessing. Just turn up or contact Jill Haylock on 01508 520248.

Morning Prayer in Church

You are welcome to come to Morning Prayer at 9am as follows:

Mon & Thurs:	St John's, Loddon
Tues:	St Margaret's, Hardley
Wed & Sat:	All Saints, Chedgrave
Fri:	St Mary's, Sisland

News and Events

Lent Course on Mondays—Looking into Lent's Mirror

On 11, 18 & 25 March and 1 & 8 April we are running a Lent Course at 7.30pm in Chedgrave Church Centre, led by Susanna Gunner, Bishop's Chaplain and Diocesan Advisor in Spirituality and Discipleship. Susanna wrote the popular Mapping... series which she developed when she was Lay Development Officer in the diocese. Using a range of resources, the course will look at some of the characters who feature in the last week of Jesus' life, with each evening ending with a short time of worship. Do come!

Quiet and Compline

Every Tuesday in Lent (starting this week) we have a chance for an hour's quiet at 7pm, ending with the short, beautiful service of Compline (Night Prayer). You may want to use the time to read or pray, or just to sit and appreciate the silence. This year Quiet and Compline will be in Chedgrave church.

Soup in Lent.... Come along, and bring your friends

Lent lunches start this week on Wed 13 March in St John's Lecture Hall. You'll probably want to eat some lunch somewhere on Wednesdays, so why not do it in St John's Lecture Hall? It's a chance to meet with friends and also to benefit this year's Lent Project. As usual we will also offer an opportunity to donate food to the food bank, and we will also have a collecting box for Loving by Giving (see opposite).

Lunch in Chedgrave

Next Sunday (17 March) Chedgrave's All Together Worship service will be at 11am so that it can be followed by a bring & share lunch. It's an opportunity to relax and share time together over a meal, and you'll be welcome to turn up whether you've been at All Together Worship or one of the other services in our group. See you there?

Quiz Time Coming Again

On 5 April we have a chance to polish up our quizzing abilities at a Quiz & Chips evening in aid of TearFund. Tickets cost £8 (Family Ticket £25) and the event will be at St John's Lecture Hall, Loddon. Tickets are available from the Church Office, Andrew Gibson or Nina Owen (522993, theroamingfenlander@gmail.com)

Easter Cards

Easter cards will be on sale in Loddon and Chedgrave churches during the run-up to Easter, and at Lent lunches. All sales release a donation, either to the churches or to the Lent project.

Things to Note

Contact Magazine—New Team Needed—Please use your networks

Several people are thinking about how we can build a new team so that Contact can continue to serve the locality. If you know anyone else who might be interested in joining them, please ask them. Details from Val Counter or existing team members Joan Evans and Robin Godber.

Loddon's Annual Accounts

Copies of The Church in Loddon Accounts for the year ended 31st December 2018 are available at the back of the Chapel or from Val Counter.

Loving by Giving

In Chedgrave and Loddon (St John's) churches there are collecting boxes to support Loving by Giving, which is a charity that provides basic essentials for prisoners on their release from prison. Daphne Gibson has received a thank-you from Alison Wernham the charity: "Thank you very much for your support of the backpack project. I was overwhelmed last week when I collected a car full of donations from you and your church—it is very generous so please pass on my thanks to all involved." Can you help? These are the items that are most needed:

- Toothbrush, toothpaste, shower gel, hand towel, shaving foam, safety razors
- Cereal bars, notepad and pen, refillable water bottle, £5 supermarket voucher
- Men's waterproof jacket, warm hat, socks and gloves
- Sleeping bags
- Financial donations

Information

Licensed Clergy

Rev. David Owen 01508 522993
david.chetvalley@gmail.com (Not Thur)

Rev. Ros. Hoffmann 01508 548200
roshoffmann2011@gmail.com (Not Mon)

Rev. Alison Ball 01508 528126
ball880am@btinternet.com (Not Fri)

Rev. Jill Haylock 01508 520248
jillhaylock@aol.com (Not Mon)

Rev. Louise Morrissey 01728 830733
delilah.morrissey@googlemail.com (Methodist)

Church Office

To contact the Church Office call 01508 521179 or email office@chetvalleychurches.org

The Church Office is just inside the door at St John's Chapel, Loddon. It opens Mon & Fri 10am-4pm and Tues, Weds & Thur 10am-1pm .

Prayer Shower

For situations that need urgent prayer, or to pray for others, contact Val Fryer at valfryer@btconnect.com or 01508 520235

Newsletter Editor

Send items for the Weekly News to news.chetvalleychurches@gmail.com (preferred) or on paper to the Church Office or by phone to the Office on 521179, by Wednesday mid day. Please include your name and phone number or email address.

Newsletter By Email?

Would you like to receive your Weekly News by email, making sure you get the news even if you can't be in church on Sunday? If so, send an email to news.chetvalleychurches@gmail.com

Website, including events diary

(www.chetvalleychurches.org)

To submit information for the website, email david.chetvalley@gmail.com

Food Bank Contributions

To donate items to the Norwich Food Bank put them in the collecting boxes in Chedgrave church or St John's Chapel, Loddon.

Services and readings next week—17 March 2nd in Lent

10.30am	Morning Prayer (BCP)	Sisland
10.45am	Holy Communion	Loddon (St J's)
11.00am	All Together Worship	Chedgrave, followed by bring & share lunch

You might take time to look at next week's readings:

Genesis 15.1-12,17-18, Philippians 3.17 - 4.1, Luke 13.31-35, Psalm 27

Tailpiece	When you sleep in a house, your thoughts are as high as the ceiling. When you sleep outdoors, your thoughts are as high as the stars. (Bedouin proverb)
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