



Chet Valley Churches

Weekly News 23 February—Next before Lent

Welcome to this church. We hope you will find the service thoughtful, prayerful and a chance to meet with God. If you are new to the church, or are a visitor, do introduce yourself to the person taking the service or to someone near you. The churches in our group have different facilities. The person handing out books can tell you such things as if there is a hearing loop, and if the building has a toilet.

Readings for today

Exodus 24.12-18

2 Peter 1.16-21

Matthew 17.1-9

Psalm 99



Prayer for today

Holy God,
you know the disorder of our sinful lives:
set straight our crooked hearts,
and bend our wills to love your goodness
and your glory
in Jesus Christ our Lord.

Dates for your diary

This section is only useful if you tell us what's on! The contact details for this newsletter are on the back page.

- Sun 23 Last Sunday Praise, 6.30 for 7pm, St John's Chapel, Loddon
- Mon 24 Monday Mardles, 10am-12noon, Chedgrave Church Centre
- Mon 24 Lent Group, 2.30pm, 4 Market Place, Loddon
- Tue 25 Seniors' Lunch Club, 12.15, Loddon Junior School (book on Mon via church office)
- Tue 25 Service for Marmalade House, 4pm
- Tue 25 Time for Prayer & Space for Reflection, 7.30, St John's Chapel, Loddon
- Tue 25 Deanery Synod, 7.30, St John's Chapel (See inside)
- Wed 26 Noah's Ark for children and parents, 9.15-12noon, St John's Chapel, Loddon
- Wed 26 Home group, 2.30, Lodge Farm, Sisland
- Wed 26 Ash Wednesday Communion, 7pm, St John's Chapel, Loddon
- Thur 27 Xtra! service, 3.45, St John's Chapel, Loddon

Advance Dates

- 4 Mar First Lent Lunch, 12 noon-1.30pm, St John's Lecture Hall, Loddon
- 5 Mar Evening with Bishop Graham Usher, Bishop of Norwich, St John's Chapel, Loddon
- 6 Mar Service for the World Day of Prayer, 7pm, St John's Chapel, Loddon
- 14 Mar Quiet Day led by Belinda Barwick at Quiet Waters (See inside)

Prayers Please...

Please pray for people and situations in the locality and beyond...

Especially let's pray for people we know who might come with us to Lent lunch or other events, and especially for those who find it hard to get out and about. On a wider scale let's pray for people everywhere who are lonely, especially for those facing weather-related problems and for family carers struggling to have a life of their own.

Use the Prayer Shower

We have a 'prayer shower' for urgent prayer requests. Contact Ros Hoffmann email roshoffmann2011@gmail.com tel 01508 548200. Also contact Ros if you would like to pray for urgent needs as part of the shower.

Time for Prayer

On Tuesday evenings from 7.30 to 8.30pm we meet at St John's Chapel in Loddon for 'Time for Prayer and Space for Reflection'. On the third Tuesday of the month this takes the form of an informal communion service with blessing. Just turn up or contact Jill Haylock on 01508 520248.

Morning Prayer in Church

You are welcome to come to Morning Prayer at 9am as follows:

Mon & Thurs:	St John's, Loddon
Tues:	St Margaret's, Hardley
Wed & Sat:	All Saints, Chedgrave
Fri:	St Mary's, Sisland

News and Events

Lent—Lunch Helpers Wanted

The first of our Lent Lunches will be on 4 March and Belinda is now compiling the rota. Can you help serve, make soup or wash up? It helps if we hear from you as soon as possible. Do put the dates in your diary (4, 11, 18 and 25 March and 1 April) and come for a lunch of delicious homemade soup. Any donations will go to the Bishop's Lent Appeal, to buy a car for the diocese of Dogura, Papua New Guinea. Contact Belinda on 520351, email belindabarwick@yahoo.co.uk

Lent Group on Mondays—Starting this week

There will be a series of six meetings on Monday afternoons at 2.30pm starting on 24 Feb at 4 Market Place, Loddon, following a similar format to the Dig Deeper meetings that took place a couple of years ago. If possible please let either David or Nina Owen know that you're coming.

Study course on Wednesdays

The Wednesday home group that meets at Lodge farm in Sisland is going to study an Embrace the Middle East course, starting on 4 March. We will be exploring Jesus' journey to the cross and reflecting on the lives of people in the Middle East today. Speak to Jill Haylock or Belinda Barwick for further details.

Ash Wednesday

Our Ash Wednesday Communion service will be at 7pm in St John's, Loddon. Do come.

Sponsor Ros and Toby

Ros Hoffmann has signed up to walk between 5,000 and 10,000 steps a day in March for Cancer Research, which receives no government funding. It's called Walk all over Cancer, but since she'll be walking with her dog Toby it's better to call it Woof all over Cancer! If you can sponsor Ros and Toby see Ros (Toby isn't good with forms) or phone her on 01508 548200. Alternatively you can give via JustGiving, by typing the following into your internet address bar <https://fundraise.cancerresearchuk.org/page/ross-woof-all-over-cancer-fundraising-page>

Deanery Synod

On Tuesday 25 Feb the speaker at the Deanery Synod meeting will be Revd Dr Alan Palmer, lead chaplain at the James Paget Hospital, who will be speaking about mental health. As with all Synod meetings, it's open to all, so do come along if you are interested.

Taizé style Worship at the Cathedral

There will be a time of prayer around the cross in the Taizé tradition on Friday 20 March at 7pm. It will be led by Brother Paolo from the Taizé community, which is a monastic order in rural France, founded in 1940. Taizé services encourage an atmosphere of meditation and prayer, using repeated chants and prayers as well as other phrases from scripture. The community itself has a strong focus on peace and justice through prayer and meditation.

Evening with Bishop Graham

On Thursday 5 March will be visiting Loddon deanery, which stretches along south Norfolk from Poringland to Burgh St Peter. In the evening there will be an informal social evening with Bishop Graham in St John's Chapel, Loddon, to which all the churches are invited. The event will be free of charge, but refreshments are being served (savouries and cake) so we would like a rough idea of numbers. Please tell David Owen if you think you might be interested.

Things to Note

Next Sunday—LSP

23 Feb is the last Sunday of this month, so do come along to Last Sunday Praise—6.30 for cake, 7pm for the start.

Ash Wednesday's not far off...

If you have a palm cross that you would like to be burned for ash in readiness for the Ash Wednesday service on 26 Feb, please give it to David Owen today.

Dates for the Weekly News

Please let the News know of any dates or events of interest and help us keep everyone informed. Contact details are on the back page.

Information

Licensed Clergy

Rev. David Owen 01508 522993
david.chetvalley@gmail.com (Not Thur)

Rev. Ros. Hoffmann 01508 548200
roshoffmann2011@gmail.com (Not Mon)

Rev. Alison Ball 01508 528126
ball880am@btinternet.com (Not Fri)

Rev. Jill Haylock 01508 520248
jillhaylock@aol.com (Not Mon)

Rev. Louise Morrissey 01728 830733
delilah.morrissey@googlemail.com (Methodist)

Church Office

To contact the Church Office call 01508 521179 or email office@chetvalleychurches.org
The Church Office is just inside the door at St John's Chapel, Loddon. It opens Mon & Fri 10am-4pm and Tues, Weds & Thur 10am-1pm .

Prayer Shower

For situations that need urgent prayer, or to pray for others, contact Ros Hoffmann: 01508 548200, roshoffmann2011@gmail.com

Newsletter Editor

Send items for the Weekly News to news.chetvalleychurches@gmail.com (preferred) or on paper to the Church Office or by phone to the Office on 521179, by Wednesday mid day. Please include your name and phone number or email address.

Newsletter By Email?

Would you like to receive your Weekly News by email, making sure you get the news even if you can't be in church on Sunday? If so, send an email to news.chetvalleychurches@gmail.com

Website, including events diary

(www.chetvalleychurches.org)
To submit information for the website, email david.chetvalley@gmail.com

Food Bank Contributions

To donate items to the Norwich Food Bank put them in the collecting boxes in Chedgrave church or St John's Chapel, Loddon.

Services and readings next week—1 March 1st Sunday in Lent

8.00am	Holy Communion (BCP)	Sisland
9.00am	Informal Communion	Chedgrave
10am-12noon	Xpressions Café	Chedgrave
10.45am	Holy Communion	Loddon (St J's)

You might take time to look at next week's readings:

Genesis 2. 15-17; 3. 1-7, Romans 5. 12-19, Matthew 4. 1-11, *Psalm* 32

<p>Tailpiece Last week's Tailpiece was so important for our churches that we're printing it again:- It's time to have a BIG vision—the future is bigger than the past. (Sam Wells, church of St Martin in the Fields)</p>
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