



Trinity SundayHoly Communion

I 2th June 2022

The Greeting and Welcome

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Lord be with you, and also with you.

J Hymn: Holy, Holy, Holy! Lord God Almighty!

Holy, holy, holy! Lord God Almighty! Early in the morning Our song shall rise to thee; Holy, holy, holy! merciful and mighty! God in three persons, blessèd Trinity!

Holy, holy! all the saints adore thee, Casting down their golden crowns Around the glassy sea; Cherubim and seraphim falling down before thee, Who wert and art and evermore shalt be.

Holy, holy! though the darkness hide thee, Though the eye of sinful man Thy glory may not see, Only thou art holy, there is none beside thee Perfect in power, in love, and purity.

Holy, holy, holy! Lord God Almighty! All thy works shall praise thy name In earth and sky and sea; Holy, holy, holy! merciful and mighty! God in three persons, blessèd Trinity!

The Prayers of Penitence

God the Father forgives us in Christ and heals us by the Holy Spirit.

Let us therefore put away all anger and bitterness, all slander and malice, and confess our sins to God our redeemer.

Most merciful God, Father of our Lord Jesus Christ, we confess that we have sinned in thought, word and deed. We have not loved you with our whole heart. We have not loved our neighbours as ourselves.

In your mercy, forgive what we have been, help us to amend what we are, and direct what we shall be; that we may do justly, love mercy, and walk humbly with you, our God. Amen.

May almighty God have mercy upon us, forgive us our sins, and bring us to everlasting life; through Jesus Christ our Lord. **Amen.**

Gloria in Excelsis

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ,
only Son of the Father, Lord God,
Lamb of God, you take away
the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

⚠ The Collect—Prayer of the Day

Holy God, faithful and unchanging: enlarge our minds with the knowledge of your truth, and draw us more deeply into the mystery of your love, that we may truly worship you, Father, Son and Holy Spirit, one God, now and for ever. **Amen.**

New Testament: Romans 5:1-5

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this

grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For the word of the Lord, thanks be to God.

☐ Hymn: I Bind Unto Myself This Day

I bind unto myself today
The strong name of the Trinity
By invocation of the same,
The Three in One and One in Three.

I bind this day to me forever, By power of faith, Christ's incarnation, His baptism in the Jordan river, His death on cross for my salvation,

Christ be with me, Christ within me, Christ behind me, Christ before me, Christ beside me, Christ to win me, Christ to comfort and restore me.

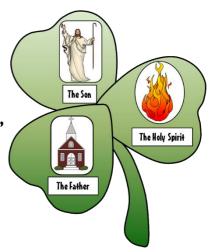
Christ beneath me, Christ above me, Christ in quiet, Christ in danger, Christ in hearts of all that love me, Christ in mouth of friend and stranger.

I bind unto myself the name, The strong name of the Trinity By invocation of the same, The Three in One and One in Three,

Gospel Reading: John 16:12-15

Alleluia, alleluia! Glory to the Father, and to the Son, and to the Holy Spirit, one God who was, and who is and who is to come, the Almighty. Alleluia! Hear the Gospel of our Lord Jesus Christ according to John.

Glory to you, O Lord.



'I still have many things to say to you, but you cannot bear them now. Ihen the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you.

This is the Gospel of the Lord. Praise to you, O Christ.

Sermon [Rev David]

If Pentecost is the poor relation to Christmas and Easter in terms of observance, then the Sunday following Pentecost—Trinity Sunday—is possibly the least understood aspect of orthodox Christianity. Yet the Trinity is the mainstay of the church's understanding of how the Father, Son and Holy Spirit relate, one to another. Over the centuries many analogies, or pictures, have been used in an attempt to "explain" the Trinity. None have been completely successful, primarily because there is no way to explain a Mystery! Mystery ceases to be so once explained!

However, endeavouring to appreciate the relationship between the three persons of the Trinity and how they inter-connect is helpful. St Patrick, we understand, utilised the three leaves of a shamrock, mathematicians have used the equation of $I \times I \times I = I^3$ (I) others have used the state of being of substances solid, liquid & gas (water—ice, liquid, steam) but these don't convey the full revelation of the Trinitarian Godhead.

The other day I was re-reading one of the reflections in Celebrating the Seasons. It was by Hilary of Poitiers (315-367) and was part of his treatise "On the Trinity". In it he says: "Our Lord commanded us to baptise in the name of the Father and of the Son and of the Holy Spirit. In baptism then we profess faith in the Creator, in the only-begotten Son and in the Gift which is the Spirit. For in God there is one Father from whom all things have their being: there is one only-begotten Son, our Lord Jesus Christ, through whom all things exist: and there is one Spirit, God's gift to us who is in all. So all follow their due order, according to the proper operation of each: one power from whom all things have come into being; one Son, through whom all things come to be; and one Gift who sustains us in perfect hope. Nothing is wanting in this flawless union: in Father, Son and Holy Spirit, there is an infinity of endless being, the perfect reflection of the divine image, and mutual enjoyment of the Gift (the Spirit)."

This perpetual circle brings with it the intricate interweaving of the three persons. It is akin to a dance in which each person follows and embellishes the steps of the others. No wonder that the Celtic church used interwoven, triplicate knot patterns (triquetra) to represent this relationship. For us today the Trinity is a reminder of how, since as St John tells us in his first letter, that God, who is Father, Son and Holy Spirit, "is love, and those who live in love live in God and God lives in them." (I John 4:16)

The Confession of Faith

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.

For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary
and was made man.
For our sake he was crucified
under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.



We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

♣ Prayers of Intercession

In our prayers today, we pray to God who is Father, Son and Holy Spirit.

Firstly we pray for our world—God's world. We pray for the places we know and love, the places we'd like to visit and the places we'd probably be too scared to go to, even if we could.

Father God, Lord Jesus, Holy Spirit, hear our prayer.

And now we pray for the church—the church in our place, the church worldwide and the church online. We pray for all who lead, and all who follow and all who are just dropping in.

Father God, Lord Jesus, Holy Spirit, hear our prayer.

Finally, we pray for people—the ones we know, the ones we don't know. We pray for those who are struggling through illness or hardship. We pray for those who are joyful, that their joy may be infectious. We pray for all who are taking part in this service.

And to finish our prayers, let us think carefully about the words of St Richard de Wyche:

Day by day, dear Lord, of thee three things I pray: To know thee more clearly, love thee more dearly and follow thee more nearly, day by day. **Amen.**

The Liturgy of the Sacrament

The Peace

Peace to you from God our heavenly Father. Peace from his Son Jesus Christ who is our peace. Peace from the Holy Spirit, the life giver.

The peace of the triune God be always with you. **And also with you.**

Hymn: Immortal, Invisible, God Only Wise

Immortal, invisible,
God only wise,
In light inaccessible
Hid from our eyes,
Most blessèd, most glorious,
The Ancient of Days,
Almighty, victorious,
Thy great name we praise.

Unresting, unhasting,
And silent as light,
Nor wanting, nor wasting,
Thou rulest in might;
Thy justice, like mountains
High soaring above
Thy clouds which are fountains
Of goodness and love.

To all life thou givest—
To both great and small;
In all life thou livest,
The true life of all;
We blossom and flourish
Like leaves on the tree,
Then wither and perish—
But naught changeth thee.



Great Father of glory,
Pure Father of light,
Thine angels adore thee,
All veiling their sight;
All laud we would render;
O help us to see
'Tis only the splendour
Of light hideth thee.

Preparation of the Table

Blessed are you Lord God of all creation.

Through your goodness we have this bread to offer, which earth has given and human hands have made.

You will offer us the bread of life. Blessed be God forever.

Blessed are you Lord God of all creation.

Through your goodness we have this wine to offer fruit of the vine and work of human hands.

You will offer us the cup of Salvation. Blessed be God forever.

The Eucharistic Prayer

The Lord is here. His Spirit is with us.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right, our duty and our joy, always and everywhere to give you thanks, Holy Father, almighty and eternal God. For with your onlybegotten Son and the Holy Spirit you are one God, one Lord. All that you reveal of your glory, the same we believe of the Son and of the Holy Spirit, without any difference or inequality. We, your holy Church, acclaim you, Father of majesty unbounded, your true and only Son, worthy of all worship, and the Holy Spirit, advocate and guide. Three Persons we adore, one in being and equal in majesty. And so with angels and archangels, with cherubim and seraphim, we sing for ever of your glory:

Holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We praise and bless you, loving Father, through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirit, that broken bread and wine outpoured may be for us the body and blood of your dear Son. On the night before he died he had supper with his friends and, taking bread, he praised you. He broke the bread, gave it to them and said: Take, eat; this is my body which is given for you; do this in remembrance of me.

When supper was ended he took the cup of wine Again he praised you, gave it to them and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me. So, Father, we remember all that Jesus did, in him we plead with confidence his sacrifice made once for all upon the cross.

Bringing before you the bread of life and cup of salvation, we proclaim his death and resurrection until he comes in glory.

Jesus Christ is Lord:

Lord, by your cross and resurrection you have set us free.
You are the Saviour of the world.

Lord of all life, help us to work together for that day when your kingdom comes and justice and mercy will be seen in all the earth. Look with favour on your people, gather us in your loving arms and bring us with all the saints to feast at your table in heaven. Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honour and glory are yours, O loving Father for ever and ever. **Amen.**

The Lord's Prayer

As our Saviour taught us, so we pray

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

The Breaking of the Bread

We break this bread to share in the body of Christ. Though we are many, we are one body, because we all share in one bread.

At table with our LORD

The Giving of Communion

Behold the Lamb of God who takes away the sins of the world. Blessèd are those who are called to his supper.

Lord, I am not worthy to receive you but only say the word and I shall be healed.

Prayer after Communion

Almighty and eternal God, you have revealed yourself as Father, Son and Holy Spirit, and live and reign in the perfect unity of love. Hold us firm in this faith, that we may know you in all your ways and evermore rejoice in your eternal glory, who are three Persons yet one God now and for ever. **Amen.**

Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice.

Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

□ Hymn: Lord of All Hopefulness

Lord of all hopefulness, Lord of all joy, Whose trust, ever childlike, No cares could destroy, Be there at our waking, And give us, we pray, Your bliss in our hearts, Lord, at the break of the day. Lord of all eagerness,
Lord of all faith,
Whose strong hands were skilled
At the plane and the lathe,
Be there at our labours,
And give us, we pray,
Your strength in our hearts,
Lord, at the noon of the day.

Lord of all kindliness,
Lord of all grace,
Your hands swift to welcome,
Your arms to embrace,
Be there at our homing,
And give us, we pray,
Your love in our hearts,
Lord, at the eve of the day.

Lord of all gentleness,
Lord of all calm,
Whose voice is contentment,
Whose presence is balm,
Be there at our sleeping,
And give us, we pray,
Your peace in our hearts,
Lord, at the end of the day.

The Blessing & Dismissal

God the Holy Trinity
make you strong in faith and love,
defend you on every side,
and guide you in truth and peace;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you
and those whom you love, now and always. **Amen.**

Go in peace to love and serve the Lord. In the name of Christ. Amen.

