



Holy Communion for the Sixth Sunday of Trinity 24th July 2022

The Greeting and Welcome

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

J Hymn: At the Name of Jesus

At the name of Jesus, every knee shall bow, Every tongue confess him King of glory now. 'Tis the Father's pleasure we should call him Lord, Who from the beginning was the mighty Word.

Humbled for a season, to receive a name From the lips of sinners unto whom he came. Faithfully he bore it spotless to the last, Brought it back victorious, when from death he passed.

Bore it up triumphant with its human light, Through all ranks of creatures, to the central height; To the throne of Godhead, to the Father's breast; Filled it with the glory, of that perfect rest.

Surely, this Lord Jesus shall return again, With his Father's glory, with his angel train. For all wreaths of empire meet upon his brow, And our hearts confess him King of glory now.

A Prayers of Penitence

Let us confess our sins, in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

Most merciful God, Father of our Lord Jesus Christ, we confess that we have sinned in thought, word and deed. We have not loved you with our whole heart. We have not loved our neighbour as ourselves. In your mercy forgive what we have been, help us to amend what we are, and direct what we shall be; that we may do justly, love mercy, and walk humbly with you, our God. Amen. May the God of love and power forgive us and free us from our sins, heal and strengthen us by his Spirit, and raise us to new life in Christ our Lord. **Amen.**

Collect

Creator God, you give us gifts and make them grow: though our faith is small as mustard seed, make it grow to your glory and the flourishing of your kingdom; through Jesus Christ our Lord. **Amen.**



J Peruvian Gloria

Glory to God, Glory to God, Glory to the Father. Glory to God, Glory to God, Glory to the Father. To him be glory for ever. To him be glory for ever. Alleluia amen. Alleluia amen. [x2]

Glory to God, Glory to God, Son of the Father. Glory to God, Glory to God, Son of the Father. To him be glory for ever. To him be glory for ever. Alleluia amen. Alleluia amen. [x2]

Glory to God, Glory to God, Glory to the Spirit. Glory to God, Glory to God, Glory to the Spirit. To him be glory for ever. To him be glory for ever. Alleluia amen. Alleluia amen. [x2]

New Testament Reading: Colossians 2:6-15

As you therefore have received Christ Jesus the Lord, continue to live your lives in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.

See to it that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. For in him the whole fullness of deity dwells bodily, and you have come to fullness in him, who is the head of every ruler and authority. In him also you were circumcised with a spiritual circumcision, by putting off the body of the flesh in the circumcision of Christ; when you were buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead. And when you were dead in trespasses and the uncircumcision of your flesh, God made you alive together with him, when he forgave us all our trespasses, erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross. He disarmed the rulers and authorities and made a public example of them, triumphing over them in it.

For the Word of the Lord, thanks be to God.

J Hymn: The Lord is King! Lift up Your Voice

The Lord is King! Lift up your voice, Let earth, and all the heavens, rejoice; From world to world the joy shall ring, 'The Lord omnipotent is King!'

The Lord is King! Who then shall dare Resist his will, distrust his care, Or murmur at his wise decrees, Or doubt his royal promises?

The Lord is King! Child of the dust, The judge of all the earth is just; Holy and true are all his ways: Let every creature speak his praise.

Come, make your wants, your burdens, known. Christ will present them at the throne. For he is at the Father's side, The man of love, the crucified.

One Lord, one empire, all secures; He reigns, and life and death are yours; Through earth and heaven one song shall ring, 'The Lord omnipotent is King!'

Gospel Reading: Luke 11:1-13

Hear the Gospel of our Lord Jesus Christ according to Luke. Glory to you, O Lord.



Jesus was praying in a certain place, and after he had finished, one of his disciples said to him, 'Lord, teach us to pray, as John taught his disciples.' He said to them, 'When you pray, say:

Father, hallowed be your name. Your kingdom come. Give us each day our daily bread. And forgive us our sins, for we ourselves forgive everyone indebted to us. And do not bring us to the time of trial.'

And he said to them, 'Suppose one of you has a friend, and you go to him at midnight and say to him, "Friend, lend me three loaves of bread; for a friend of mine has arrived, and I have nothing to set before him." And he answers from within, "Do not bother me; the door has already been locked, and my children are with me in bed; I cannot get up and give you anything." I tell you, even though he will not get up and give him anything because he is his friend, at least because of his persistence he will get up and give him whatever he needs.

'So I say to you, Ask, and it will be given to you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Is there anyone among you who, if your child asks for a fish, will give a snake instead of a fish? Or if the child asks for an egg, will give a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!'

This is the Gospel of the Lord. Praise to you, O Christ.

Exploring the Word [Rev David]

What do you think about prayer?

Now that's probably an interesting question. Surveys consistently show that there is more praying going on in the world than most would think. People pray. But what is prayer and how does it affect us?

A dictionary definition of prayer describes it as: 'words that you say to God giving thanks or asking for help.'

When the disciples asked Jesus to teach them to pray, I wonder what was in their mind. Surely, if the definition given by the dictionary is anything to go by, they prayed when they had attended the synagogue so what was it that they thought would be different. They'd watched Jesus get up early, when it was still dark, we're told, to pray and so there clearly was something in their mind which was trying to equate what took place formally in synagogue worship and what Jesus was doing.

Interestingly, Luke doesn't have Jesus respond by saying, "Surely you know how to..." Rather Jesus responds with what we have since called the Lord's Prayer, yet in truth it is our prayer not his. It is a model prayer which is, as many scholars have remarked, beautiful, balanced and brief. So what does this prayer teach us about our own praying? Firstly, lesus reminds us to whom we are praying. We're coming to God who is described in the prayer as our Father. When we pray we're not clicking an order through to an online store. We're coming simply and humbly into the presence of the Creator, and because the prayer is given to us by lesus that therefore becomes an invitation to do so from him. We ask that God's kingdom comes, but because God is not a dictator his kingdom can only come about if we invite him into our lives and allow the changes God wants to make to occur. The prayer then encourages us to bring our needs to God. We need to ask for the things that give us life and sustain us in our lives, things that enable us to live in society through asking for forgiveness and for protection. As we consider prayer there are things which don't matter:

Quantity: we don't have to say a lot. Woody Allen once said, "I took a speed reading course and read War & Peace in twenty minutes. It's about Russia." We might want to talk about life but we don't need to talk about it all at once.

Quality: one doesn't need to speak well, but rather with authenticity. Prayer is a conversation.

There are also things that do matter.

Being natural: we have been given a model prayer which encourages us to talk to God as Father but also as a Friend. We should be able to talk about anything and everything to God. Like a really good friendship there needs to be an openness. And with that comes another thing that matters.

Being honest: If we feel joyful we feel no problem in saying so yet we should also be honest enough with God to vent our feelings and frustrations—like the psalmists did on many an occasion.

Jesus's model prayer encourages us to develop our prayer-life in such a way. It is beautifully straightforward and brief and as the passage in Luke continues, we are encouraged to ask God, to seek God and enter by knocking.

Affirmation of Faith

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

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I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

AIntercessions

In the power of the Spirit, let us pray to our heavenly Father.

Lord, we come to you in prayer and worship. Help us to do so in simplicity and honesty, bringing our joys and our cares.

We pray for the church worldwide—all the churches who pray the Lord's Prayer in many different languages. We pray for our own church, that it may be a beacon of faith in its locality.

Lord, in your mercy, **hear our prayer.**

We pray for all who have responsibility for making things work in our community, and on a wider scale we pray for those who make national and international decisions. May they be responsible and caring, and also creative in their thinking and their working.

Lord, in your mercy, **hear our prayer.**

We bring the needs of our friends and family to our heavenly Father. Lord, be close to those who are hurting or who are afraid, and to those who just need some encouragement.

Lord, in your mercy,

hear our prayer.

Finally, we bring our own needs, whatever they may be. We pray for a deepening friendship with our heavenly Father. We know that he cares, and we pray that we might bring our joys and sorrows to him, trusting that he hears us and loves us.

Lord, we bring all our prayers in the name of Jesus our Saviour. Amen.

The Peace

Let the peace of Christ rule in your hearts, since as members of one body you are called to peace.

The peace of the Lord be always with you. And also with you.

J Hymn: Father Hear the Prayer We Offer

Father, hear the prayer we offer: Not for ease that prayer shall be, But for strength that we may ever Live our lives courageously.

Not for ever in green pastures Do we ask our way to be; But the steep and rugged pathway May we tread rejoicingly.



Not for ever by still waters Would we idly rest and stay; But would smite the living fountains From the rocks along our way.

Be our strength in hours of weakness, In our wanderings be our guide; Through endeavour, failure, danger, Father, be thou at our side.

Preparation of the Table

Yours Lord is the greatness, the power, the glory, the splendour and the majesty: for everything in heaven and on earth is yours. **All things come from you and of your own do we give you.**

Prayer of Thanksgiving

The Lord be with you, and also with you.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give thanks and praise.

Blessed are you, Lord God, our light and our salvation; to you be glory and praise for ever. From the beginning you have created all things and all your works echo the silent music of your praise. In the fullness of time you made us in your image, the crown of all creation. You give us breath and speech, that with angels and archangels and all the powers of heaven we may find a voice to sing your praise:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.



How wonderful the work of your hands, O Lord. As a mother tenderly gathers her children, you embraced a people as your own. When they turned away and rebelled your love remained steadfast.

From them you raised up Jesus our Saviour, born of Mary, to be the living bread, in whom all our hungers are satisfied. He offered his life for sinners, and with a love stronger than death he opened wide his arms on the cross.

On the night before he died, he came to supper with his friends and, taking bread, he gave you thanks. He broke it and gave it to them, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

At the end of supper, taking the cup of wine, he gave you thanks, and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

Christ has died: Christ is risen: Christ will come again.

Father, we plead with confidence his sacrifice made once for all upon the cross; we remember his dying and rising in glory, and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you these gifts of your creation; may they be for us the body and blood of your dear Son. As we eat and drink these holy things in your presence, form us in the likeness of Christ, and build us into a living temple to your glory.

Bring us at the last with all the saints to the vision of that eternal splendour for which you have created us; through Jesus Christ, our Lord, by whom, with whom, and in whom, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise:

Blessing and honour and glory and power be yours for ever and ever. Amen.

A The Lord's Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power and the glory are yours now and for ever. Amen.

Breaking of the Bread

We break this bread to share in the body of Christ. Though we are many, we are one body, because we all share in one bread

Communion

APrayer

Lord Jesus Christ, we thank you for all the benefits you have won for us, for all the pains and insults you have borne for us.

Most merciful Redeemer, friend and brother, may we know you more clearly, love you more dearly, and follow you more nearly day by day. **Amen.**



J Hymn: Great is Thy Faithfulness

"Great is thy faithfulness," O God my Father, There is no shadow of turning with thee; Thou changest not, thy compassions, they fail not; As thou hast been thou forever wilt be.

"Great is thy faithfulness!" "Great is thy faithfulness!" Morning by morning new mercies I see; All I have needed thy hand hath provided— "Great is thy faithfulness," Lord, unto me!

Summer and winter, and springtime and harvest, Sun, moon and stars in their courses above, Join with all nature in manifold witness To thy great faithfulness, mercy and love.

"Great is Thy faithfulness!"...

Pardon for sin and a peace that endureth, Thine own dear presence to cheer and to guide; Strength for today and bright hope for tomorrow, Blessings all mine, with ten thousand beside!

"Great is Thy faithfulness!"...

The Blessing

Christ who has nourished us with himself the living bread make us one in praise and love, and raise us up on the last day; and the blessing of God almighty, the Father, the Son and the Holy Spirit, be amongst you and remain with you and those whom you love, now and always. **Amen.**

GOC BLESS. YOU

Dismissal

Go in peace to love and serve the Lord. In the name of Christ. Amen.