

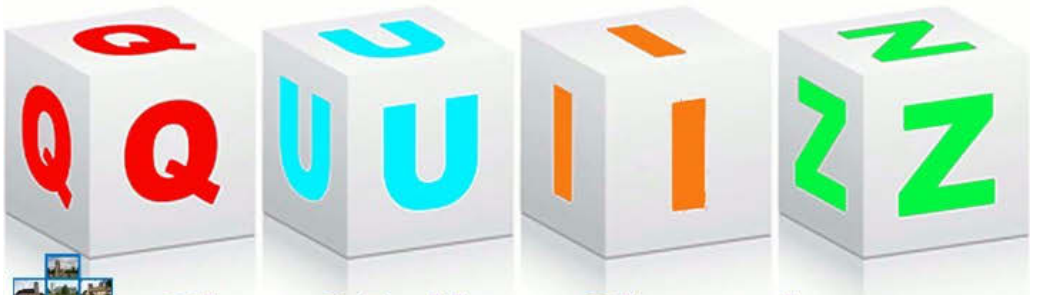


CHET CONTACT

Produced by the Chet Valley Churches

February 2025





Chet Valley Churches **All Saints, Chedgrave**

**Come to the Quiz and Supper on
7th February 2025**

**Starting at 7:00 pm,
a supper of baked potatoes + fillings
and delicious puddings
will be interspersed with quiz rounds.
Suitable for all ages.**

**£12.50 full price; concessions £10.00;
families £35.00**

***Come on your own or as a group—
each table of eight will play as a team.***

**Tickets from Rev Alison 01508 528126
ball880am@btinternet.com**

Chet Valley Churches Information

Clergy

Alison Ball:	01508 528126	ball880am@btinternet.com
Jill Haylock:	01508 520248	jillhaylock@aol.com
Ros Hoffmann:	01508 548200	roshoffmann2011@gmail.com
Martin Keenan:	01502 560178	martin.keenan@methodist.org.uk



To contact Members of the Clergy during the vacancy, please use this e-mail address: clergyCVB@gmail.com

To arrange baptisms and weddings please contact Rev Alison.

To arrange a funeral or interment of ashes please contact Rev Jill.

For prayer requests or home communion please contact Rev Ros.

Postal address: St John's Chapel, George Lane, Loddon NR14 6NB.

Phone: 01508 520897, Email: website.chetvalleychurches@gmail.com

This phone and e-mail account are also being monitored regularly.

Church Websites

Chet Valley Churches www.chetvalleychurches.org

The Diocese of Norwich www.dioceseofnorwich.org



Chet Contact

Editors:	Alison Ball, Roger Outlaw
Advertising:	Peter Webster
Treasurer:	Paul Mizen
Distribution:	Roger Outlaw 01508 528710 and team
Printing:	Roberts & Son 01508 520221

Copy Deadline is always noon on the 8th of the month; earlier submission is welcome. We have to deliver to the printer on the 9th of the month.

Email submissions to c.magazineloddon@gmail.com.

Please include your name and telephone number.



Chet Contact is published monthly
(double issues in July/Aug & Dec/Jan)

Donations

Contributions towards production costs of Chet Contact, can be made as follows:

Account Name: Chet Contact Magazine, Sorting Code: 20-92-08, Account No: 70724742

Disclaimer

Advertisements are included in good faith, but Chet Valley Churches do not necessarily endorse the products or services advertised. Similarly, the opinions expressed by contributors are not necessarily those of the Chet Valley Churches.

From the Editor

Its 2025, what ever happened to 2024, it seemed to fly by!

I guess we have all settled back into life after Christmas and New Year and I know a lot of our local groups and societies too are back in operation. Several have made some changes to venues and times so check those you are particularly interested in.

On page 39 there is a special invitation from all the editorial team to each and every one of our magazine deliverers, old, young, large, small and in-between, to come along to All Saints on Saturday February 15th for coffee, cake and whatever else we can find, as a small thank you for your work for the community at large. A chance to meet new people perhaps and exchange the odd horror story of the dog that nearly had your finger tips— an experience I well remember!!

So, spend a little time browsing through and see what you can find of interest. The annual review of advertising is going on at the moment so you may like to check contact details you use are up to date for local businesses.

We've hardly had much winter yet as I'm writing, I wonder how things will be by the time you are reading this?

Roger



Contents

Front Cover: <i>Winter Flight, Simon Trinder, Mutual Art</i>		Highlights	
Regular items		World Day of Prayer	11
Across Chet Valley Churches	7/9	Thankyous	24
From the Parish Registers	11	Snowdrop Sundays	25
From Your Local Councillors	13	Annual Coffee Morning	26
Parish Council News	15-21	Watch and Welcome Team	27
Church Notices and Services	11, 26-27	Paté and Puddings Evening	29
Sport	22-23	Spring Churchyard Clear-up	30
Community News	24-41	Patient Participation Group	32
Book Reviews	45	<i>Messengers</i> Holiday Club	33
Nature Notes	47	Everyone for Tennis	36
Allotment/Garden Notes	49	All Chet Contact Deliverers	39

Ministerial Musings

The heavens declare the glory of God; the skies proclaim the work of his hands.

Day after day they pour forth speech: night after night they reveal knowledge. They have no speech, they use no words; no sound is heard from them. Yet their voice goes out into all the earth, their words to the ends of the world. PSALM 19:1–4.

“February fill dyke be it black or be it white” is an old saying. A black February describes a month when the earth is black with rain, and a white February sees a lot of snow. This will bring challenges for farmers, gardeners, other people who work outdoors, and of course for people who intend to travel.

During the brighter days taking a walk and carefully observing what is around, there will be many surprises. Buds are swelling on trees and shrubs, and all will soon show their glorious shapes and colours. Sunrise and sunset are often a spectacular sight with the colours spreading for miles across the horizon. What a delight!

The world is full of colour, sound, light and form. It is wonderfully beautiful and brings delight in many ways. We can admire the variation of clouds, and be surprised by a blackbird’s song.

We might admire the variety of trees of different ages and their colours of light and shade.

Our delight in the world can make us want to respond by giving thanks and being grateful. Psalm 19 does exactly this. The world it claims, isn’t random but is a creation, the work of our creator God.

Despite the pain and suffering caused by evil acts, natural disasters, and loss, this world and all it is made of is very precious in providing all that we need.

The Bible tells us we are called to be carers of creation and give praise to God for this gift of provision.

During the month of February let’s look for the wonder and delight and feel moved to give thanks and praise for Creation.

Jill Haylock.



LODDON PRIMARY FEDERATION NURSERY

Teacher-led nursery education offering:

- Funded places for 3-4 year olds
- Access to early years curriculum
- Safe secure learning environment
- Dedicated outdoor area

Our Foundation Stage Area for Children in Nursery and Reception, provides a child-centred curriculum which helps children learn, develop confidence and independence and also have fun at school

Come and visit us

TEL: 01508 520118

KITTENS LANE, LODDON, NR14 6JX

www.loddonprimaryfederation.co.uk



Gillingham Early Years

Ensuring individual growth and learning in a nurturing, loving and enabling environment

01502 471861 / 07506544360

gillearlyyears@gmail.com

We are situated behind Gillingham Village Hall and open from 8.30 to 4, Mon to Thurs & 9 to 3 Fri term time for 2-5 year olds. We offer inclusive indoor/ outdoor early years education and play in a happy, relaxed and friendly atmosphere.

Please call to arrange a visit.
Ofsted registered



The Hollies Classroom
Loddon (01508) 520286
www.loddonnurseryschool.co.uk

Open 8am-6pm, all year round
From birth to 5 years, we offer a beautiful natural Environment to inspire and stimulate your child's development

Funded places, full and term time contracts available
Holiday club for up to 9 yrs
Please contact us to arrange a visit
Ofsted Outstanding



TMH Renovations

Creating Perfect Homes

We carry out all aspects of home renovation and improvement. Contact us for a quote and a professional, reliable service.

T: 07376 952 076

E: tim@tmhrenovations.com

Bathrooms – Kitchens – Flooring
Dry Walls – Painting/Decorating
Tiling - Windows/Doors
www.tmhrenovations.com

Across the Chet Valley Churches

Worship in the Chet Valley

You are welcome to join us at any of our services



Holy Communion is celebrated every Sunday at one or other of the Chet Valley Churches: either Book of Common Prayer (BCP) or Common Worship, with an informal Holy Communion service once a month in Chedgrave.

Morning Worship is held regularly in Loddon and Hardley.

Evening Prayer (BCP) is on the third Sunday of the month in Sisland.

XPRESSIONS CAFÉ is on the first Sunday of the month at All Saints Chedgrave. This is a relaxed and contemporary way of 'doing church'. Open between 10:00am and 12:00 noon you can come and go as you please for coffee, cake, discussion, crafts, games, stories, reflection and much more.

All Together Worship is on the third Sunday every month at All Saints, Chedgrave, starting at 11:00am. January, March, June and September are followed by a shared lunch. The service is designed to be as inclusive as possible: a mixture of formality and informality; traditional and modern; activity and stillness. We hope it will have points of contact with people of all ages and all backgrounds.

Last Sunday Praise is held on the last Sunday of the month in Loddon: a chance to worship together including hymns and songs, old and new.

XTRA! is an exciting, informal service every Thursday after school in St John's Church. Refreshments from 3:15pm, service starts at about 3:45pm. Open to all; particularly suited to children and young people.

In Loddon and Chedgrave there is the chance to enjoy a chat over refreshments after services. There are toilets and baby-changing facilities at St John's, Loddon and All Saints, Chedgrave.

Families are welcome at all of our services, but are particularly catered for on the 1st and 3rd Sundays in Chedgrave.

Home Communion: If you would like home communion, because you are unable for any reason to get to a Sunday service, please contact one of the clergy.

Times and details of the services can be found in the centre pages of the magazine.



Located next to the River Yare in the heart of the Norfolk Broads, The Reedham Ferry Inn & Touring Park is a family run business which was established in 1949 by the Archers.

Looking out at our idyllic riverside views, the last working chain ferry in operation in East Anglia or simply taking in the ambient history, our seasonal menus, well-kept local ales and relaxed atmosphere are yours to enjoy.

To book:

01493 700429

reedhamferry@aol.com

Please see website www.reedhamferry.co.uk for updated opening hours and menus

Dog friendly



Armiger Electrical

All domestic & commercial
Installations

Test and inspection

Fuse box Upgrades

intruder alarms

Full and part rewires
and more

Part P and NAPIT

Registered

Tele:07825 794045

Maths and Literacy Tuition

Looking for 1:1 teaching for your child?

Highly experienced teacher providing lessons matched to your child's needs. Preparation for tests (Key Stages 2 and 3) booster sessions and help with homework.

Jo Fisher, B.Ed (Hons), M.A.

01508 480334

jotfisher@btinternet.com

Lindsay Building Services

Interior and Exterior Home Improvements
Maintenance and Repair

- | | |
|-------------|------------|
| ✓Brickwork | ✓Rendering |
| ✓Plastering | ✓Carpentry |
| ✓Tiling | ✓Painting |

No Job Too Small – Free Estimates
01508 521845



K F Footcare Ltd

Caring for your feet, ingrown Toenails, corns, callus removal and much more

Kirsty Foster

Medical Foot Health Practitioner

07824 632 048 kffootcareltd@outlook.com



Dean Baldry Garden Maintenance

- Lawn Mowing & Strimming
- Pruning, Weeding & Planting
- Hedge Cutting & Rotovating
- Fencing
- Pressure Washing

Fully Insured - No Job Too Small

Tel: 07973 382843

Email: deanbaldry@googlemail.com

Thanksgivings & Baptisms



You are welcome to talk to us about thanksgiving and baptism (christening) for your children. Thanksgiving Services give an opportunity to come to the church and give thanks to God for the gift of a new child. Baptisms (Christenings) are an opportunity to acknowledge and celebrate the new life we have in Jesus and to welcome a child into God's family, the Church.

Baptisms and Thanksgivings are both held within Sunday morning worship in our churches.

Please contact Rev Alison on 01508 528126 ball880am@btinternet.com

Noah's Ark

A drop-in group for babies, toddlers and their parents and carers at St John's, George Lane, Loddon.



Wednesdays 9:15am-12:00noon.

All are welcome. For further details please call Rev Alison on 01508 528126 or e-mail: ball880am@btinternet.com

Friends and Neighbours

If you've been widowed or have lost your life partner join us at St John's Lecture Hall on the **first Thursday of the month**. Make new friends, enjoy tea or lunch together.

Next Meeting:

6th Feb. Lunch at 12.30pm at the Lecture Hall George Lane Loddon

To join the group, please ring Rev Jill on 01508 520248.

Small Groups

Some of us like to meet during the week in small groups where we can enjoy each others' company, study the Bible together and pray for one another and for others.



Those who attend find their small group a real help and support.

To join or just to know more, please contact Rev Alison on 01508 528126.

Monday Mardles

If you like a relaxed and informal chat with others or are looking to meet some new friends, join us at a Monday Mardles for refreshments and to swap books at Chedgrave Church Rooms.



Mardles are held every **Monday 10:00am-12:00 noon**. Come and go as you choose. On average, there are about 8-12 people who come to Mardles, and there's room for more! You will be made very welcome.

*(*Mardle'—in Norfolk it means a good old natter!)*

XTRA!

Join us in St John's Church, Loddon for an exciting, informal service every **Thursday after school**. Refreshments from 3:15pm. Service starts 3:45pm.

More from Rev Alison 01508 528126.



Cleaners R Us

Self Employed Cleaners Required

Domestic homes only
 Materials supplied on site
 Car Not Essential
 Permanent Work / Same Home Weekly
 Hours / Days to Suit Candidate
 Police Check and References Required

01508 490 808

www.cleanersrus.co.uk norwich@cleanersrus.co.uk



Louise Cartwright (M.Ost), Professional Osteopath

Registered with The General Osteopathic
 Council, Insured with the Institute of
 Osteopathy and Federation of Holistic
 Therapists.

For the treatment of Neck, Back and Joint pain,
 Sports injuries and Rehabilitation.

**Rookery Park Golf Club, Beccles Rd,
 Carlton Colville, NR33 8HJ**

Monday, Wednesday, Friday, alternate Saturdays
 07876255168 louise214@msn.com Please book
 online at www.amyholmesosteopath.co.uk

TOTAL CARE physio

SARAH CONSIDINE (HCPC, CSP) local
 physiotherapist in Loddon and Hales

Providing expert treatment for:

Neck and back pain
 Sporting injuries
 Headaches
 Joint & Muscle problems
 Dizziness & balance problem



01508 548535 07976009524

Haymakers, School Lane, Heckingham, NR14 6SL

www.totalcarephysio.com
[rah@totalcarephysio.com](mailto:sarah@totalcarephysio.com)

hpcp health & care
 professions
 council



CHARTERED
 SOCIETY
 OF
 PHYSIOTHERAPY

J & M Townsend Ltd

Oil & Gas Boilers

- Boiler Replacement
- System Upgrade & Maintenance
- Powerflushing
- Oil Tank Replacement
- OFTEC & Gas Safe Registered
- All at competitive prices.

Call today for more information and a free estimate.

Matthew Townsend: 07771 732397

Office: 01508 550838

Hair 4 U

1 Market Place, Loddon

Ladies, Gents and Children

Mon; Tues; Thurs & Saturday
 9am-5pm

Friday 9am - 7pm.

O.A.P. discounts on Tuesdays

Tel: 01508 520468

BRIDGE STORES

Newsagent & Convenience Store



**PP Pay
 Point**



24 hr Cash Machine

Groceries & Confectionery

Beers, Wines & Spirits

Cigarettes & Tobacco

Newspaper & Magazine Deliveries

Stationery & Greeting Cards

Toys & Gifts

Fax, Photocopy & Dry Cleaning

£1.50 HOME DELIVERY

Within 3 miles radius when £15 or more spent

(Excluding Lottery) Telephone orders are accepted

OPEN 7 DAYS A WEEK

Mon-Sat 6.00am to 9pm

Sunday 6.00am to 8pm

41 Bridge Street, Loddon

(opposite Loddon Staithe)

Tel 01508 520699

From the Parish Registers

Funerals

John Howard Brooke who died on 27th October 2024.
Funeral: 27th November 2024 at Holy Trinity Church Loddon.

David William George Pond who died on 13th November 2024.
Funeral: 12th December 2024 at All Saints Church Chedgrave.

Margaret Kathleen Shearmur who died on 29th November 2024.
Funeral: 10th January 2025 at Holy Trinity Church Loddon.

Robin Daren High who died on 28th December 2024.
Funeral: 24th January 2025 at Waveney Crematorium.

Ronald David Fairhead who died on 8th December 2024
Funeral: 14th January 2025 at Langley Church

Since we believe that Jesus died and rose again, even so, through Jesus, God will bring with him those who have died. So we will be with the Lord for ever.

I Thessalonians 4:14, 17b

To arrange a thanksgiving or baptism (christening), contact Rev Alison on 01508 528126 or ball880am@btinternet.com.

To arrange a wedding, contact Rev Alison on 01508 528126 or ball880am@btinternet.com.

To arrange a funeral, at our churches or at the crematorium, contact Rev Jill on 01508 520248, or jillhaylock@aol.com. Rev Jill can also be contacted about interment of ashes.

The clergy can also be contacted through our new e-mail: address: clergyCVB@gmail.com.

The 2025 World Day of Prayer service

comes from the Cook Islands in the South Pacific

on Friday 7th March at 7.0 pm

St John's Chapel, George Lane, Loddon

Singing practise at St. John's, Mon. 3rd March at 10am.

Julie Marshall

Mobile Foot Health Practitioner
for treatment of
corns ~ callus ~ thickened toe nails
cracked heels ~ fungal infections
Nail Cutting

*For a friendly, and professional service
in the comfort of your own home, call*

Julie Marshall 07789 041501

S.A.C.Dip. FHPT: S.A.C.Dip.FHAP



Joel Spurdens Pest Control

07903887146
01502677067

**Rats.Mice.Moles.
Wasps.Rabbit's .
Insects.**

8 St Mary's Row Aldeby
BECCLES NR34 OAL

joelspurdens@outlook.com

Carpet and Upholstery Cleaning

Barbara and Adam Gill your local
Carpet and Upholstery Cleaners

CLEAN-EAST CARPETS

01502 377427
07811 275427

WINDMILL COTTAGE KENNELS

A caring family run kennels,
in a quiet picturesque
countryside setting.
Food & bedding provided,
individual heated kennels.
Dogs walked twice a day in our
own private paddock.

Tel:01502 678172

Thorpe Road, Haddiscoe NR14 6PP



Canvas Prints

Show off your special
photo on canvas
with our single image,
gallery-wrapped
canvas prints.

High quality printing
of your favourite pics,
mounted and ready
for hanging.

Prices on application

Call in for details
or phone

01508 520221



Bring us your favourite pics on disc, on a memory stick
or send via email and we will work with you to position
the image exactly as you wish to see it on the final print.

Roberts and Son Printers
2,4 and 6 Bridge Street, Loddon,
Norwich NR14 6EZ
Tel: 01508 520221
Email: print@robertsandson.co.uk

Beth's Blooms

Quality Florist
for all occasions

Weddings

Funeral Tributes

Corporate Floral Displays

Bespoke Designs

Cut Flowers

Floral Sundries

Modern & Traditional Designs

Bouquets

Arrangements

Aqua Packs

..eflorist flowers
delivered worldwide

Loddon Garden & DIY,
25 Bridge Street, Loddon NR14 6NA
01508 520632

News From Your Local Councillors



You will have noticed that there is work going on at the Staithe. Finally the old footbridge is being repaired and the eyesore that we have had to put with for so long will be gone. Alongside this will be some new paving and a BBQ area for boat visitors. I am so pleased to see it finally happening, it has taken many years of wrangling to get this one over the line.

In spring, our County Council are going to be getting ahead of the mad growing season with an early cut to verges across the county. We had so much rain last year, things grew fast and early and got untidy, we're going to remedy that! We are also looking to have another hazardous waste day at recycling centres, where householders can dispose of unwanted items like tins of paint. Watch for the adverts on this. You may be aware that there is a planning application in for the old Cannells site in Chedgrave. The proposals are for a 75 bed care home. Please have you say on the South Norfolk planning website reference number 2024/3309

If you have any issues or I can help in any way, please contact me at kay.masonbillig.cllr@norfolk.gov.uk

Councillor Kay Mason-Billig

Welcome to what can be the bleakest time of the year, as the decorations are taken down and Christmas becomes another memory for all of us. Let's remember that the days are growing longer, new shoots will start to appear, and many of our birds will be pairing up in readiness to mate.

I'd like to start by saying many thanks for the generous donations towards the 100 hampers our ChetChat volunteers delivered this year, especially to everyone from Chedgrave Bowls Club. Each one delivered says "you mean a lot to me".

Thanks also to the members of our Town and Parish Councils. The work undertaken by these teams forms an essential part of civic life across our area, and can often go unnoticed.

In terms of wider local politics, a lot of work will be taking place over the next two years as our District and County Councils prepare for the creation of unitary authorities. I'll pass on, via this column, what I hear and find out about decisions made which will affect all of us.

I'm about to award 3 payments from my £1000 Members' Grant, to excellent local projects. Please get in touch if your project would benefit from financial support. Finally, my next surgeries, at Loddon Library, are **15 February 2-4pm & 26 April 2-3pm**. Please come down if there's anything I can support you with, or, as ever, give me a ring on 07733323581.

Councillor Jeremy Rowe

DOS SANTOS PLUMBING SERVICES

All forms of plumbing work undertaken, including central heating systems.
Specialising in kitchen and bathroom installations.



WATER SOFTENER SUPPLY AND INSTALLATION **COMPLETE BUILDING SERVICES TO CREATE BEAUTIFUL ROOMS**

Free kitchen and bathroom design
Plus product advice and sourcing

HIGH QUALITY FINISH
(references available)

VAL DOS SANTOS

Tel 01508 520 345 - M 07775946061
Instagram - dossantos_plumbingservices



WILLOW BARN
LOW ROAD
NORTON SUBCOURSE
NORWICH
NR14 6SA
07505 684561

emmi PET ULTRASONIC
TEETH CLEANING
WWW.CLAIRESGROOMING.CO.UK

DM WINDOW CLEANING



Traditional Cleaning of
Windows, Gutters
Fascias &
Conservatories

Tel: 07415 395 211

YOUNGS

FUNERAL DIRECTORS OF LODDON

At your time of need we are here to help you;

"Quiet guidance, gentle words and our professional knowledge will help you make the right decisions for you and your family."

- Rachael Barber

'Providing the very best care'



19 Bridge Street Loddon NR14 6NA

Tel: 01508 528274

www.gordonbarber.com



Chedgrave Parish Council

All enquiries please contact the Parish Clerk: Hayley Goldson.
Tel: 07592 933174 Email: clerk@chedgraveparishcouncil.gov.uk
Website: <https://chedgraveparishcouncil.gov.uk/>
Facebook: <https://www.facebook.com/Chedgrave-Parish-Council>



Chedgrave Parish Council held its meeting on 5th December 2024

Due to Christmas holidays and the timing of Chet Contact, some of this information will be out of date by the time you read it.

Warm Spaces: The council agreed to host Warm Spaces events at the Brian Clarke Room as follows: 4th Feb 10am-2pm, 25th Feb 1-4pm.

Please come along and enjoy the warmth, a chat, complimentary refreshments and a chance to raise any concerns with your council. All welcome!

Proposed Development of Langley Road Industrial Estate: Unfortunately there has been no engagement from the developer on this matter and the council felt that due to this and lack of public awareness, it is not possible to submit a comprehensive response at this point. The council will be hosting a public meeting on 9th January at the Brian Clarke Room giving residents the opportunity to ask questions and make their views known. More details to follow....

Chedgrave Courier: the latest issue should be with you from mid December.

Dogs: Please keep your dogs on a lead, keep them out of our play areas and PLEASE remember to pick up any poo left by your dog!

Brian Clarke Room: Do you need a bright modern room to run your club or association? The Brian Clarke Room is adjacent to the play area, has a fully equipped kitchen, is wheelchair accessible and has a hearing loop. It's great for parties, family gatherings, meetings and clubs. Please contact Georgina Buckle to book 07981 856270 or brianclarkeroom@chedgraveparishcouncil.gov.uk.

Allotment Vacancies: The allotments currently have vacancies and the council is also considering creating more half plots. Residents from Chedgrave and surrounding villages are welcome to apply. Please contact the Clerk.

Next Meeting: Thursday 6th February at 7pm, Brian Clarke Room.

Happy New Year and all the best for 2025!

Highways issues such as potholes, footpaths or public rights of way, road safety, flooding and overgrown trees and verges should be reported to Norfolk County Council on 0344 800 8020 or online at www.norfolk.gov.uk. Criminal & illegal activities, public disorder & nuisance, anti-social behaviour, speeding, uncontrolled dogs, should all be reported to the

Police on 999 or 101 (non-emergency) and can be reported online at

www.norfolk.police.uk.

PLEASE KEEP DOGS ON LEADS IN OUR PLAY AREAS & CLEAR UP AFTER YOUR DOG



The White House, Mill Road
Ashby St Mary, Norfolk NR14 7BN
w: www.woodlandstoves.co.uk
t: 01508 480351

AN EXTENSIVE AND COMPETITIVELY PRICED RANGE OF
WOODBURNING AND MULTIFUEL STOVES ON SHOWROOM
DISPLAY
FULLY QUALIFIED HETAS REGISTERED INSTALLATION
SERVICE AVAILABLE
SUPPLIERS OF FLUE LINERS, FLUE PIPES, CHIMNEY COWLS
AND ACCESSORIES
PLEASE PHONE FOR OPENING TIMES

M FROST MOTOR ENGINEER

ESTABLISHED OVER 20 YEARS

UNIT 1, NEW ROAD, NORTON SUBCOURSE, NR14 6SB

KEEP IT LEGAL

TOP PRICES PAID,
FOR SCRAP CARS, VANS,
TRUCKS, MOT FAILURES AND
ACCIDENT DAMAGED VEHICLES
ALL D.V.L.A. PAPERWORK COMPLETED



For prompt collection call

07775 905631 / 01508 548994

markfrost1973@yahoo.co.uk

Paul Hamilton Clarke



Painter & Decorator

Experienced, local & reliable
No job too big or too small

Tel: 01508 520097 Mob: 07817863962
Email: phcpainter@gmail.com

Langley Grange Indoor Pool

Private, heated indoor pool for
hire in a beautiful setting.

Prices start from £30/hour.

For bookings or
enquiries, please contact Liezl
(07379429678) or visit
www.langleypool.co.uk

A J WARD BUTCHERS

2 High Bungay Road, Loddon

Quality Meats All Locally Sourced
Handmade Sausages & Burgers.
BBQ Orders, Kebabs & Marinades.
Homemade Sausage Rolls, Pies &
Quiches. Home Cooked Cold Meat
Stradbroke Bakery Bread. Cakes &
Filled Rolls.

Local Cheeses, Dairy & Eggs.
Fresh Fruit & Vegetables. Groceries.
Selection Parravani 1 Ltr Ice Creams.
Chutneys, Cooking Sauces & Jams.

FREE LOCAL DELIVERY

Tues, Wed, Thurs, & Fridays

Telephone 01508 520228

Email Orders:

shop@wardsbutchers.co.uk

Details & Opening Times

www.wardbutchers.co.uk

J's Maintenance Services

For all your DIY & Gardening Tasks
Painting & Decorating Inside and Out
Gutter Clearing and Repairs
Door & Fence Repairs, Garden Tidy and
Mowing. Help in Moving House
Roof Repairs Chimneys swept
Fully Insured

07746375349

51najacques@gmail.com



17, Bridge Street, Loddon, Norfolk, NR14 6NA

Spoon Cake

bakery, café & crafts

01508 520688

Loddon Town Council (LTC)

All enquiries please contact the Parish Clerk: Emily Curtis
Tel: 01508 522020 Email: clerk@loddontowncouncil.gov.uk
Website: www.loddontowncouncil.gov.uk
Facebook: www.facebook.com/loddontc



Christmas Lights: Thanks to the Council's contractors; Loddon Garden and DIY for installing the Christmas lights on the High Street, Bridge Street and Church Plain and Cozens for once again installing the Christmas lights on the Christmas Tree, on Church Plain and the Staithe Car Park. Thanks also to the residents that supplied power, including the King's Head, Loddon Garden & DIY, Loddon Swan, The Library, The Hollies, Loddon Deli and the kind residents on the High Street. Thanks to the Loddon Swan for kindly providing the Christmas tree. We could not provide this display without your help, so thank you!

Love Loddon Community Group: Thanks to Cecil Amey for generously sponsoring the upcoming flower tower and container displays on Farthing Green, Church Plain and the Staithe. The next meeting is on the 1st of Feb. 2025, 10am at Loddon Swan.

Keiya Cadwell—the new Police beat manager for Loddon:
Keiya.cadwell@norfolk.police.uk.

Chet Valley Community Larder: The community larder is now available every Saturday between 1.00 - 3.00pm and Monday between 12.00 - 2.00pm in Loddon Library. At these times, £1 food bags will be available. Registration will be required. More information is available on our website: www.loddontowncouncil.gov.uk/community-larder. The larder is open to residents of the Chet Valley (Loddon, Chedgrave, Hales & Heckingham, Langley & Hardley, Sisland). The donation shelves & fridge are still open, and we appreciate any donations you make, including cash donations, which can be handed to volunteers or the Town Council office.

Local Support: The contact telephone number for South Norfolk Council's Help Hub is 01508 533933. They also now have a handyman service available. More information is available via: www.loddontowncouncil.gov.uk/local-support.

Allotments: If you live in Chedgrave or Loddon and wish to be added to the Allotment waiting list, please contact our Allotment Officer Jo.

Small Grants: LTC have recently awarded several small grants to local organisations. If you would like to apply for a local group/organisation (generally up to £100), please see our website for more info/application form.

Meeting dates, contact information and updates can all be found on the Council website: www.loddontowncouncil.gov.uk or call 01508 522020.



Claire Bullard

INDEPENDANT SCENTSY
CONSULTANT

Phone - 07717535080

Email - cl.bullard@hotmail.co.uk

Website - clairebullard.scentsy.co.uk

Facebook = Claire Bullard - Scentsy Consultant



What is Scentsy?

Scentsy offers an alternative to traditional candles. NO flame, NO smoke, NO soot. The concept uses decorative warmers, which use a heating element to slowly melt specially formulated wax, making your home smell SCENT-sational.... we are not all wax though!

We have a whole range of products to scent your world 🌍
Kids buddies, Fan diffusers, Air purifiers, Laundry and body products.

Living in Hales, I'm your local Scentsy consultant

Do contact me if you would like to know more information... or use the QR code to link through to my website.



PILATES WITH KATRINA

MIXED ABILITY MAT PILATES

LANGLEY Monday 9 -10am **THURTON** Monday 6 - 7pm

THURTON Wednesdays 9 - 10am

LODDON Fridays 9 - 10am and 10 15 - 11.15am

Seated Class 11.30am -12pm

See website www.pilateswithkatrina.co.uk

Call Katrina for more information 07725 527 669

St John's Chapel and Lecture Hall

ROOM HIRE

Excellent facilities, fully equipped kitchen, disabled toilets, parking
George Lane, Loddon, NR14 6NB

Very competitive rates

**For details & to book please email us at
website.chetvalleychurches@gmail.com**

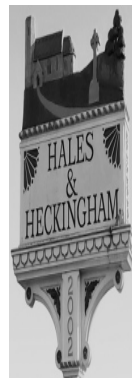
Hales & Heckingham Parish Council

For enquiries contact: clerk@halesandheckingham-pc.gov.uk

Website: www.halesandheckingham-pc.gov.uk

FB [www.facebook.com/Hales & Heckingham Parish Council](https://www.facebook.com/Hales%20&%20Heckingham%20Parish%20Council)

Next Meeting: Mon 3rd of February 2025



Monthly Meetings have now been changed to the 1st Monday of the month. Held at the Hales Assembly Hall, Briar Lane, Hales. Agendas are posted on the notice board in the brick bus shelter opposite Masala Garden and on our website three days before the meeting. Minutes are displayed in the same places.

Happy New Year – We would like to wish everyone a Happy New Year

Signs, Potholes & Footpath Issues – If you see anything that is not right please advise South Norfolk Council through their webpage <https://apps.norfolk.gov.uk/HighwaysDefect/>.

Dog Walkers – A reminder to observe the Country Code, especially at this time of year with livestock around. Please pick up your dog's poo, it is a health hazard as well as being unpleasant. Thank You

Hales Green Common – We remind residents and visitors to abide by bylaws, displayed on public notice boards around the common.

Community Volunteering Scheme – We continue to seek your help in supporting community projects to improve village life. Please let us know if you would like to get involved by emailing the Parish Clerk.

Come and join us – If you care about where you live, we have vacancies on our Parish Council. We provide a voice for concerns, ideas, and initiatives that help promote village life. Please get in touch with our Parish Clerk on the above email.

Do you need help? – South Norfolk and Broadland's hub assist with a wide range of problems. Contact details Tel: 01508 533933 or via email at helphub@southnorfolkandbroadland.gov.uk. Opening hours are 8.15am until 10.00pm Monday to Friday (excluding bank holidays)

Langley with Hardley Parish Council

Email: langleywithhardley.pc@gmail.com

Website: <https://langleywithhardley.pc.norfolkparishes.gov.uk>

Find us on Facebook.



Heritage Road Signs: The Parish Council has recently renovated the sign at Hardley Road junction and wants to start renovation of the sign at the bottom of Gentleman's Walk. We are looking for volunteers to help with the work – Please let us know if you would like to get involved by contacting the clerk.

clerk@langleywithhardley-pc.gov.uk

Village Speed Limit Reduction: The speed reduction scheme (40mph to 30mph) along Langley Gardens/Langley Street is progressing and should be fully implemented by March/April 2025.

Vacancies: We currently have two Councillor vacancies. This is a fantastic opportunity to get involved with supporting your local community. Working with a team of councillors to address local issues and improve the village environment. If interested please get in touch with the Parish Clerk.

Our next Parish Council is Tuesday 4th March at Langley with Hardley Village Hall at 7.30pm - All welcome!

Langley with Hardley Village Hall



Sat 1st February—Janet Johnston Psychic Medium,

6.30 doors open for a 7 o'clock start.

Tickets must be prebooked through Jane 01508 520184. £16 per person, which include a buffet. When booking please say of any allergies. Bring your own alcohol. Come and enjoy a good evening.

Spud Club Friday 7th February. 11am -1pm.

Great food and company to be enjoyed. Everyone welcome.

To book the village hall call Jane on 01508 520184. The hall has a well equipped kitchen, disabled access and toilet, large carpark, good-sized rooms, reasonable rates.

Chedgrave Church Centre Hire

All Saints Church, Chedgrave has a lovely church centre open for 30 years. There are two rooms (one upstairs), a kitchen and a loo. Our wheeled tables are easy to move and put up. It is warm even in the winter! It is available to book with a suggested donation of £8 per hour. If you are looking for a venue for a meeting, a party, or an activity do contact Anne Jackson who is responsible for hall bookings on 01508 502278.

Notes from Sisland

I always look back at the words of previous entries when considering what I might include in the entry I am composing. Last year the temperature in the morning I wrote was 5o and raining. Today, though under a yellow weather warning, it is 4o and raining! For some, in other parts of the UK, they have already had flooding this year and, this morning, waking to snow. We can only comment on the increasing contrasts we see around us.



I enjoy January as we can reflect on the opportunities of the last few weeks to gather and celebrate the Christmas season, the buzz of activity around the Victorian Evening as well as the carol service where we enjoyed mince pies, mulled wine and the opportunity to chat. To catch up with friends and neighbours and enjoy spending time together. Thank you to all who supported Sisland Church through the tombola or being with us at a service. We are grateful, with everything that we reflect on in the news, to be able to celebrate and enjoy these occasions. As we progress through the winter months we are looking forward to the longer days and the warmth of spring, but also the plans for community events and other opportunities to gather together. We look forward to welcoming our new Rector later this year and continue to look to support all those who are working tirelessly to maintain our building and communities through this period.

At the PCC meeting next week, we will discuss fund-raising opportunities as we wait for the church architect to complete his preparatory work for the faculty, which will be required to undertake the work on the church tower. The work on the tower will require scaffolding as well as the building work and will require an increase in fund-raising activity. This year, as in previous ones, we are hoping to offer Sunday Teas in August as part of this strategy. The opportunity to come together and share, at Christmas time as well as in the spring and summer is an important part of the Christian faith and demonstrating a supportive community.

Sisland church remains open throughout the year for prayer and reflection. We look forward to seeing you soon.

Rowena Bryce, Churchwarden

Sport

Footballers Wanted!

A friendly, relaxed group of guys of all ages and abilities who meet at Hobart High School Astro Pitches every Monday and Thursday from 8:00-9:00pm. Come along and join us for a non-competitive kick about to keep fit and socialise. £3:00 per session. First session free. For more info, contact Terry via email: terryhayden.sportsclub@gmail.com.



Jubilee Short Mat Bowls Club

With the outdoor lawn bowls season finished why not come and try indoor short mat? We meet on Tuesday afternoons, 1:30-3:00pm, in the Jubilee Hall and are a friendly little group. Beginners are very welcome; just bring flat indoor shoes and we can supply some bowls. The right money, £3, and a sense of humour are also appreciated. More information from Sara: 01508 521958 or Sheryl: 01502 677272.



Loddon Ladies Hockey Club

Feel like you want to get involved in a new sport, or perhaps you used to play when you were at school and fancy giving it another go?

We welcome new members of all ages (13+) and abilities. Come and get fit, have fun and meet friendly women from in and around the local area. We train on Tuesday nights at Langley School (NR14 6BJ), 7:00pm-8:30pm. For more info: www.loddonhockey.com or email hello@loddonhockey.com.



Loddon Tennis Club

Loddon has two floodlit courts, situated adjacent to the Loddon & Chedgrave Playing Field. We are a thriving tennis community with over 150 members. Memberships are affordable; pay and play is also available at £5 per hour.

Website: <https://clubspark.lta.org.uk/LoddonTennisClub>

Email: loddontennis@loddontowncouncil.gov.uk



Hobart Badminton Club

We are looking for players to join our friendly club of all ages from 16+. Playing experience desirable. We meet at Hobart High School sports hall, every Tuesday from 7:30-9:30 pm. Cost £6:00 per session, first session free. More information from Terry: terryhayden.sportsclub@gmail.com.



Loddon Junior Badminton Club

Held at Jubilee Hall, sessions are just £3.50.

Wednesday evenings: 6:45-7:45pm, children aged 8-14 years

Thursday evenings: 7:30-8:30pm, children aged 15-18 years

Open to all children regardless of ability.

Sessions run by qualified coach. Rackets and shuttles provided.

For more info, contact Paul on paulr2677@gmail.com or 07903 794613.



Loddon Community Gym

The Library Annexe, Church Plain, Loddon, NR14 6EX

Tel: 07534 946143 www.loddoncommunitygym.com

The gym is open on some part of every day Monday to Friday:

Monday 1:45–5:25pm; Tuesday 4:45–7:05pm; Wednesday 9:00–11:20am;

Thursday 6:00pm–8:20pm; Friday 10:15am–12:35pm.

Your Community Gym in Loddon Library Annexe is well-equipped, affordable, friendly and not-for-profit. The gym offers our members the opportunity to achieve and maintain a level of fitness to help improve their wellbeing and quality of life. There is a friendly and relaxed atmosphere and a genuine feeling of a social environment, and definitely no pressure. Our chair-based exercise classes are proving very successful and we continue to hold them every Wednesday morning.

We are open on each weekday and full details of our hours and costs can be found at www.loddoncommunitygym.com. For more information why not drop by to see us or call our qualified trainer, Louise, on 07534 946143.

To book sessions go to www.picktime.com/easternriverscommunitygym.



Walking Football is Coming to Loddon

Walking football has become increasingly popular since its creation in 2011. It is a sporting activity suitable for participants over the age of 50 of all skill levels including those who have been inactive for some time, or even have never played sport before.

I am looking to start the sessions from March 2025 if there is enough interest. So if you are over the age of 45 and this sounds like something you would be interested in, then contact Terry for more information via email terryhayden.sportsclub@gmail.com and hopefully we can bring walking football to Loddon.



Loddon Indoor Bowls Club

We meet in the extension to the Old Town Hall, entrance via The Swan car park. It is clearly marked. We are a members club with internal league matches every weekday evening, roll ups on Monday, Wednesday, Thursday and Friday afternoons commencing at 2:00pm and on Tuesday and Wednesday mornings at 10:00am. Numbers are restricted to the first 12 arriving. Subscriptions are £20 per year, £2 per sessions for roll-ups and competitions and £3 for league matches. We'd love to see you so just turn up and give it a try.

For information contact our Chairman, Paul Clemence on 01508 218078.

Community Groups, News and Events

Thank You

+The Community Larder, with considerable donations, was able to provide an additional 31 Christmas bags to those in need. These bags (actual bag donated by the Co-Op) contained seasonal goodies and were charged at £1 for anyone registered with the Larder. Regular bags with staples were also available at £1. We have seen an uplift in registrations which is both good and bad as we are able to get to those who need the help and if we have an influx of food we can contact them direct to let them know, like this week we had 24 ready meals put into the fridge – all those registered were advised so that they could make the most of the donation.

We received very generous donations from Hobart and Loddon Junior Schools, staff from Chet Valley Medical Centre, Chet stores both customers and staff, Loddon Deli, M Gaze and lots of help from Loddon library staff.

+Miriam, Sarah and Friends wish to thank all who gave and also supported the “Big C” Bottle Raffle on the Victorian Evening last December 6th.

£93 was raised.

Thanking you all again, Miriam

+Maureen Hill’s family would like to express their deepest gratitude for your kind words, support and condolences received at her passing in November and your presence at the funeral on December 2nd. Your thoughts and condolences brought us comfort as we celebrated her life. Donations to Hillside Animal Sanctuary raised £290 for a cause close to her heart. We were touched by your generosity and kindness through a very difficult time .

+Carol Erwin wishes to express her sincere and heartfelt thanks for the many messages of condolence she has received upon the loss of her husband.

+Collections were taken at Christmas at various events and services in Chedgrave for two charities: Embrace the Middle East and Priscilla Bacon Hospice at NNUH. The total raised was £647.53 split between the two charities. There were also some specific donations making the totals: Embrace the Middle East £353.76 and Priscilla Bacon Hospice £333.77. Thanks to all who donated.

SNOWDROP SUNDAYS
ENJOY AN EARLY PROMISE OF SPRING , VIEW THE
MAGNIFICENT DISPLAY OF SNOWDROPS IN THE
CHURCHYARD AND SURROUNDING WOODLANDS
OF LANGLEY CHURCH



St. Michael's Church, Langley Entrance from The Avenues, Langley,
NR14 6BL

(Free Admission/Ample free parking in the field adjacent to the Church)

Sunday 2.00 - 4.30pm 2/9/16 February 2025

LIGHT REFRESHMENTS AVAILABLE

Organised by The Friends of Langley Church
Proceeds to the Church restoration fund

Royal British Legion—Loddon & District Branch



Loddon branch wishes everyone a Happy New Year.

Our next branch meeting will be Monday 17th February. At the Lecture Hall, George Lane in Loddon. 6.45 for 7pm.

If a Veteran requires help, ring the RBL Welfare Helpline on 0808 802 8080.

Or contact our Chairman Colin Hartley on 01508 521136.

Church Services

2nd February		
8:00am	BCP Holy Communion	St Mary, Sisland
9:00am	Informal Holy Communion	All Saints, Chedgrave
10:00-12 noon	XPRESSIONS CAFÉ	All Saints, Chedgrave
10:45am	BCP Holy Communion	St John, Loddon
9th February		
9.30am	BCP Holy Communion	All Saints, Chedgrave
10:45am	Morning Worship	St John, Loddon
16th February		
10.45am	Holy Communion	St John, Loddon
11:00am	All Together Worship	All Saints, Chedgrave
4:00pm	BCP Evening Prayer	St Mary, Sisland
23rd February		
9:30am	Holy Communion	All Saints, Chedgrave
10:30am	Morning Worship	St Margaret, Hardley
10:45am	Morning Worship	St John, Loddon
7pm	Last Sunday Praise	St John, Loddon

Val Counter invites you to her
Annual Coffee Morning at Avocet

'Avocet' Norwich Road Chedgrave

Saturday 8th February 10.00am to 12.00 noon

Relax, chat, buy a cake,
 try your luck on the raffle

*Any items that could be sold (e.g. unwanted gifts)
 would be gratefully received*

In aid of the Church in Loddon



Old Valley Church

Other Services in Chet Valley Churches

Every day Morning Prayer 9:00am <i>All Welcome</i>	Monday	St John, Loddon
	Tuesday	St Margaret, Hardley
	Wednesday	All Saints, Chedgrave
	Thursday	St John, Loddon
	Friday	St Mary, Sisland
	Saturday	All Saints, Chedgrave
Thursday during school term	XTRA! Join us at St John's for an exciting, informal service. Refreshments from 3:15pm. Service starts 3:45pm. More from Rev Alison 01508 528126.	
Prayer at Home	'Time for Prayer and Space for Reflection' 'If you would like to receive the weekly prayer and reflection sent out by email, please contact Rev Jill (jillhaylock@aol.com) <i>All are welcome</i>	

Holy Trinity Church - Watch & Welcome TeamCan you help?

For some years we have had a team of people who have looked after the many visitors that Holy Trinity Church receives during the spring and summer seasons, to welcome and help those visitors, as well as keeping an eye on the church.

We need to find more people who can help, from approx. 10.00am to 3.00pm Monday to Friday, actual hours and day(s) of your choosing within that time frame. You might share the responsibility with a relative or friend.

You do not need to be a regular church attender to become involved in this.

If you do think you can help, please email me at-

.chetvalleychurches@gmail.com or call me on 01508 520535.

Paul Mizen



DRAGONFLY FLOORING

Taking the stress out of flooring

**CARPET - LVT
VINYL - LAMINATE**

Visit our shop at 60 Langley Road Chedgrave



T: 01508 830377 E: info@dragonflyflooring.co.uk



Maintaining Comfortable Feet

Michelle Hendley MCFHP MAFHP

Registered Member of the
British Association of Foot Health Professionals



Treating all basic nail & foot problems
Nail cutting & filing ♦ Reduction of thick nails
Fungal & Ingrown nails ♦ Corns & Calluses
Diabetic Foot Care

Call for home visits 07584 040478 or 01603 280944 mhendley3@yahoo.com

PATÉ & PUDDINGS

Saturday 22nd February 7.00pm
St John's Chapel

Come and enjoy Tasty Appetisers
followed by

a Selection of Delicious Puddings

The success of this evening has made it an
annual event not to be missed.

*Tickets £8.00 from Val Counter 01508 520702
or valancounter@gmail.com*

In aid of the Church in Loddon



Loddon & District Day Centre—The Day Centre meets at Saxon House, on Tuesday and Fridays from 10:00am-2:00pm. We chat, enjoy games, talks and light exercises, together with refreshments and a home made two course lunch. Why don't you come and join us? We'd love to see you! Please contact Bev on 07826 299290 for more information.

Tuesday Market



After our short winter break, we invite you to our re-opening on Tuesday February 11th at the Hollies from 10 to 11.30am.

You will find delicious baking, sweet and savoury, preserves and pickles, fresh eggs, seasonal flowers, plants and vegetables and locally made crafts.

We are a very friendly market so why not stay and enjoy a cuppa and cake with friends. We very much look forward to seeing you again very soon.

Orders and enquiries to Sheila Ford (chairman) 01508 520752

Loddon Bell Ringers



Looking back to 2024, we rang a half-muffled Quarter peal at Holy Trinity on Remembrance Sunday afternoon to remember the fallen in wars around the world past and present. We rang the bells for the annual Victorian evening and for all the festive services leading up to Christmas Day.

During December we rang quarter peals here at Loddon and also at Watton, Woodton, Wymondham Abbey, St. Peter Mancroft in Norwich, Pulham Market, Norton Subcourse, Shipdham and Necton. We rang the bells at Bergh- Apton to celebrate a wedding held there.

Members also rang in four Peals leading up to Christmas. These were at Wiveton, Shipdham, Long Stratton and one here at Loddon on New Year's Day to welcome in 2025. The 5184 changes of Immingham Surprise Major took us three hours one minute to complete.

Steve Rabong.

Chedgrave Church Centre Hire

All Saints Church, Chedgrave has a lovely church centre open for 30 years. There are two rooms (one upstairs), a kitchen and a loo. Our wheeled tables are easy to move and put up. It is warm even in the winter! It is available to book with a suggested donation of £8 per hour. If you are looking for a venue for a meeting, a party, or an activity do contact Anne Jackson who is responsible for hall bookings on 01508 502278.

Spring Churchyard Clear-up - All Saints, Chedgrave

Saturday 8th March 2025 - 9:30-12:00

Advance notice that the Spring clean and tidy of the churchyard at All Saints, Chedgrave is coming up in March. Amongst other things, there is some pruning and weeding to do. There is fallen wood and other debris to be cleared away. Please bring your own tools. All welcome.

Refreshments will be provided.

See you there!



Chet Valley Voices



Chet Valley Voices is a community choir of varying ages from 15-80+. We enjoy singing a variety of music from classical to modern and are a happy friendly bunch. Come along, make new friends and get to know others in the community. Singing is good for your mental health and well-being, so you will leave rehearsals feeling uplifted. Why not come to a free taster session?

Rehearsals: Thursday 7:00-8:30pm (doors open 6:45pm) in St Johns Chapel, George Lane, Loddon. £5 on the night, £3 for under 18s. New members always welcome, especially men.

More information from: Sue 01508 528069; suemartin303@btinternet.com or chetvalleyvoices@gmail.com. Follow us on Facebook, Instagram or Twitter: @ChetValleyVoices. www.chetvalleyvoices.co.uk.

Breathing/Vocal Technique Sessions

Do you enjoy singing but feel that your breath control could be better? Are you a non-singer but feel that you could do with help to improve your breathing? Would you like tips on vocal technique?

Tanya Chelovskaya is a trained vocal coach leading sessions at Chedgrave Church Centre on Wednesdays from 10:00-11:00noon. The cost is £8, which includes refreshments. If interested, please contact Tanya at t.chelovskaya@gmail.com or WhatsApp on 07737 765098.

"I come away from Tanya's sessions, uplifted and with the knowledge that I can own my voice, and possibly even have the confidence to sing. Breathing, vocal and gentle physical exercises combine and lead to a wonderful sense of well-being."

Bridget M Ward



The Loddon Band

We are a friendly and dynamic brass band in the historic town of Loddon. We are currently seeking the following players to come and join us: Cornet, Tenor Horn, Euphonium, Eb Bass. We welcome all brass players and percussionists.



Rehearsals are at The Hollies, High Street, Loddon on Thursday evenings, 7:45-9:45pm. Our rehearsals are fun and enjoyable so why not pop along to see what we are about. For more information, contact Louis (Secretary) email loddon.band@gmail.com or phone 07463 770068 .

Chet Valley Medical Practice - Patient Participation Group

“Working together to improve your patient experience.”

The PPG (Patient Participation Group) would like to thank everyone who supported us with the Christmas raffle and Victorian Fayre held in Loddon.

The winning number was 881 and the winner lives in Beck Way Loddon

We are seeking new committee members and volunteers to support upcoming events. The PPG, established in February 1996, has played a key role in representing patients and supporting the practice.

All patients of Chet Valley Medical Practice are considered members of the PPG and are represented by a committee elected at the AGM held in May.

It is run by patient volunteers and the Practice Manager.

We meet with Practice staff every three months, more frequently if needed, to explore how we can enhance services and foster a positive relationship between the practice, patients, and the wider community.

Our goal is improving two-way communication and address the changes we, as patients, desire.

If you are interested in being part of shaping the future of your surgery, are willing to do something very worthwhile for the local community why not become a member or volunteer, please contact us via email. ChetvalleymedicalpracticePPG@Gmail.com to express your interest.



Loddon Flower Club



Why not start the New Year with a new hobby with Loddon Flower Club? We meet on the first Tuesday in St John's Chapel Lecture Hall on George Lane in Loddon, doors open at 6.30pm for a 7pm start.

Our first meeting of 2025 is a Talk by Gail Harland on Hellebores, on Tuesday 4th February, entitled 'A cure for Madness or the start of one'. Visitors £7.50

In March we will have Doreen Robinson coming to demonstrate for us, her topic is 'Embracing Colour', there will also be a club competition of the same name.

All the arrangements she makes during the evening will be raffled at the end of the evening. We have a break mid way during the evening with tea, coffee and biscuits and a chance to chat and have a catch up, and time to ask advice from members, which can be invaluable.

We have a website - www.loddonflowerclub.co.uk, a Facebook page - Loddon Flower Club and our email address is - loddonflowerclub@gmail.com If you would like help with family flowers for any occasion or more information about the club please contact us via our email address or ring Tricia on 01508 480522 or Jenny on 01508 520254

See you soon

Messengers

Holiday Club reunion

I wonder what your children are likely to be doing in the February half term. Why not book them in to the holiday club re-union? We are open for applications from any who came to *Messengers* holiday club in summer 2024.

It is on Tuesday 18th February all morning at All Saints, Chedgrave, where we will be having fun: sharing stories and songs, eating things, making things, playing games...

It costs £3 per child.

Application forms available from Rev Alison (ball880am@btinternet.com).

SM Osteopathy

Osteopath in Surlingham

28 years experience treating pain

I can restore balance to your
body so you can feel better

Book online

www.smosteopathy.co.uk

WhatsApp: 07944 855101
info@smosteopathy.co.uk

Tremere, Mill Road, Surlingham, NR14 7AF

PHOENIX THERAPY

NORFOLK



Occupational Therapy
for children and young
people, working with:

- Anxiety
- Unhelpful thoughts
- Emotional regulation
- Sensory processing
- Coping strategies
- Neurodiversity
- ADOS assessments
- Recovery
- Confidence
- Friendships
- Self-harm
- Safety planning
- Coping strategies

Assessments start from £195; sessions £95

Get in touch for a free consultation:

07410 377665 (WhatsApp and phone)

www.phoenixtherapynorfolk.net

emma@phoenixtherapynorfolk.net

Need signage?

Exterior and interior design solutions

Get in touch today: rdh.sign@gmail.com



- SIGNAGE
- PROMOTION
- EXTERIOR PROMOTION
- BRANDING
- LARGE FORMAT ADS
- VISUAL PROMOTION
- MARKETING SOLUTIONS
- INTERIOR DIGITAL SIGNAGE



Flat Glass Tinting (Loddon)



- >Improve Privacy
- >Stop Solar Gain
- >Stop Solar Glare
- >Stop harmful U/V

Make your summer space more
comfortable

Reduces your Energy use, less
Summer cooling and winter heating
Daytime privacy improved
All without the need for expensive
Blinds.

Call for a free survey and estimate
You will be surprised!

Whats App or Call: 07753724644

Email:

enquiries@flatglasstinting.co.uk



PET DAY CARE HOME SITTING

Offering personal, loving, one-to-
one attention for your beloved pets.
Fully insured and DBS checked.
Reasonable rates.

Phone 07 50 863 8609

Chet Staithe Probus Club

We are a club for retired gentlemen, and friendship. The atmosphere is relaxed, jovial, with little formality. Dress code is casual. We have a good mardle, and a different speaker every meeting on varied subjects. Afterwards, members either go home, adjourn to the bar, or stay for a pleasant lunch. Your choice. We meet at The White Horse every first and third **Tuesday** of every month, start time 10:00am.

Upcoming meetings:

Feb 4th Elvie Herd-More About Loddon

Feb 18th Mary Newton- When The Boss Don't Talk

Come to a couple of meetings and try us out; no pressure to join. Clive Boyd, Secretary, 01508 520547, cliveboyd@btconnect.com.



Chet Valley Probus Club

Chet Valley Probus Club welcomes people who are retired, semi-retired or approaching retirement and who have had some measure of responsibility in their working life. We are friendly and excellent company, enjoy fascinating talks on a variety of subjects, good food and meeting others of like mind. Why not come along and give us a try with no obligation? We meet on Tuesdays at Chedgrave White Horse, starting at 10:30am, lunch optional.

Upcoming meeting:

Feb 11th Jim Stebbings. A Very English Dynasty

Feb 25th Adrian O'Dell. William of Norwich: 12th C Murder, Miracles,, Myths”

Hon. Sec. John McCormack 01508 521899, probusonline.org/chet-valley.

WEA - Spring Courses 2025

This year we have 3 exciting courses for you:



The first is—Nature, Ecology and Permaculture: Does Nature Exist? Climate change is the direst and most pressing issue that human beings currently face. How we think about nature and our position in it is crucial to understanding both how we got here and how we might still prepare, mitigate, and adapt to the slowly unfolding catastrophe. Guest Speaker: Adam Maric -Clever. Three weeks starting 27th January. Course No. Q00020844

I look forward to seeing many old and new friends at our Spring Courses starting on 27th January from 2.00 – 4.00 pm in the Small Club room at the Jubilee Hall in Loddon. For more information please telephone Sharon, 01508520386 or Alison, 01508 521976.

EVERYONE FOR TENNIS! - Loddon Tennis Club is seeking older players for new, free tennis-related activity sessions. Can you take part in tennis if you have Parkinson's Disease or suffer from dementia? Thanks to an innovative programme run by Loddon Tennis Club, which also targets the elderly and the increasing issue of loneliness and social isolation, the answer is a resounding Yes. Helped enormously by a £5,000 Saracens grant from Norfolk Community Foundation the call out is now on for new participants to join the expanding programme for 2025. Aimed at total inclusivity - you can join whatever your level - the physical and mental health benefits of taking part are immeasurable.

Val Osborne, who takes part with husband Michael, who has Parkinson's, has seen the benefits first hand: "We both enjoy our tennis sessions and find it beneficial in several ways. It keeps us active which for my husband, who has Parkinson's, is very important. It is also good to be able to share an enjoyable activity. He can do different tennis related activities, even sitting down. You don't necessarily need to be young and fit to be part of the group. My husband has had Parkinson's for almost 20 years and we are both in our late 70s. We are very grateful for this opportunity."

Ian Rogers, Parkinson's UK Area Development Manager for the East of England, echoes Val's view: "Having attended the Parkinson's tennis session at Loddon, it's clear to see the benefits for all and it takes place in a friendly, social atmosphere with knowledgeable coaches. Having a physio on hand also adds value."

Helped by the grant the first 10 sessions are free to participants, with a small charge thereafter, the fee aimed at enabling the programme to run in 2026. The programme splits into three categories:

- Parkinson's Tennis: Participants take part in coach-led sessions designed specifically for those living with Parkinson's. Venue: indoors at Loddon's Jubilee Hall
- Dementia and associated illnesses: Walking tennis coached sessions to cater for various conditions. Venue: Loddon Tennis Club & indoors at Loddon's Jubilee Hall
- Elderly, loneliness and social isolation: Sessions aimed at forging social connections. No previous tennis experience required. Venue: Loddon Tennis Club

For Rik Balfour, Loddon Tennis Club chair, it is central to the club's ambition to make tennis accessible to all: "Anyone who has attended one of Loddon Tennis Club's Parkinson's Tennis or Walking Tennis sessions can testify to their benefits. Securing funding from Norfolk Community Foundation was amazing news, enabling us to continue offering and growing the sessions for 2025 and beyond." The 2025 programme will begin in mid-March, if you'd like to find out more or express an interest please contact Craig Broadley-Naylor at cnaylor588@gmail.com.

Loddon and District Women's Institute



At the time of writing, all our January meetings are in full swing, but before looking forward to February, just a word about December! A very big thank you to everyone who supported our stall at the Victorian Evening Open House in Holy Trinity Church, not forgetting everyone who helped to make all the prizes for the tombola! It was a very happy and successful occasion – so 'thank you' one and all!

Talking about being 'in full swing' - that's how we'll be at the February meeting, when we'll be Line Dancing with Country Catz! There should be some good photos for our Facebook page!

February Meetings

Thursday 13th - Knit, Natter & Crochet This is a community event and open to all held at Loddon Library 2.30pm – 4pm

Wednesday 19th - **Line Dancing by Country Catz** - Doors open at 7pm for a 7.30pm start. St John's Lecture Hall, George Lane.

If you are interested in finding out more about what we do or think you might like to join us we can be contacted via our Facebook page or by email to loddonwi@gmail.com.

Loddon & Chedgrave District Society

Dry January is over so February seems a good time for a wine tasting! On **Saturday 22nd February at 7.00pm**, Harper Wells Wine Merchants of Norwich will bring a selection of wines to Chedgrave Church Rooms. We will taste 6 wines (1 sparkling, 2 white and 3 red). There is a charge of £20.00pp (cash only) payable in advance.

Please email lcdistrictsociety@gmail.com or phone Sharon Brown on to book your place. Booking and cash payment required before Monday 17th February.

Looking ahead, we have a visit to the South East Asia Collection in Norwich on Thursday 13th March. More details in next Chet Contact

If you're not yet a member of our very friendly group (membership is only £6.00 for a year) you are welcome to come along and try one of our events before joining. If you are interested in joining us, please contact

June Strickland on 01508 528853, junecs@btinternet.com;
Hillary Meredith on 01508 520457, meredithp3@sky.com; or
Sharon Brown on 07546 973017, lcdistrictsociety@gmail.com.

Loddon & Chedgrave Ladies 8 O'clock Club

We are a friendly group of ladies who meet on the last **Wednesday** of each month in the back room of The Hollies, Loddon High Street.



.An annual fee of £10 is charged, plus £3 for each meeting attended. New members always welcome.

Any queries please contact June 01508 528853 or Hillary 01508 520457.

Loddon and District Horticultural Society

Our meetings are held on the second Wednesday of the month and it is £10 to join the society.



At our meeting on **February 12th** we have Ken Abel coming along to talk to us about 'Pelargoniums'. We will also hold our table show for the Copland Cup which this time is for 3 snowdrops in a vase. Refreshments will be available and a raffle held. Visitors are £2. Our meeting is held in the Jubilee Hall Clubroom, George Lane, Loddon and starts at 7-30pm.

More details from Jean Cope (Chairman) on 01502 710024 jeancope52@gmail.com, or Hazel Copland (Secretary) on 01508 520890 happyhaze50@gmail.com. You can follow us on our Facebook page. We would like to wish all readers a Merry Christmas and a Happy New Year.

Annual General Meeting Loddon and Chedgrave Jubilee Hall

NOTICE IS HEREBY GIVEN that the Annual General Meeting of Loddon and Chedgrave Jubilee Hall will be held at Loddon and Chedgrave Jubilee Hall, George Lane, Loddon, NRI 6NB on Mon9th March 2025 at 7.45pm

Social Whist

We meet in the back room of The Hollies at 7.30pm for a 7:45pm start. We have twelve hands of whist with a hot drink and a biscuit and some local chat.



All enjoyed in a friendly atmosphere. If you need a lift to The Hollies, please call Jane on 01508 528875. We look forward to seeing you.

Loddon Community Cinema

Next presentation is "**THE CRITIC**", 95 minutes (15)
starring **Ian McKellan, Mark Strong and Gemma Arteton.**



In 1930s London, live a feared theatre critic, his loyal assistant, a newspaper owner wanting to ditch the critic, and an actress who is devastated by his negative reviews. The critic's determination to survive ensures the others are caught in a web of blackmail, deceit and murder.

Thursday 6th Feb. Showing at The Lecture Hall, St. John's, George Lane, Loddon. Doors open 7:00pm, film starts 7:30pm. Adults £4, under-16 £2, are available on the door or in advance from Loddon Garden & DIY.
Email: loddoncommunitycinema@yahoo.co.uk.

Waveney Valley Arts Society

We are a friendly group who meet at the Fisher Theatre in Bungay on the first Wednesday of every month. Events provide a welcoming place to hear expert lecturers share their specialist knowledge. The theatre is open from 10:00am and our lectures start at 11:00am.



Next meeting:

Wed. 5th February - Carl Faberge: Jeweller to the Tsars—Laurie Wickwire. Guests are welcome to join us for an individual lecture but there will be a charge of £10. If you wish to become a member of our society, the contact details are on the website: <https://theartssocietywv.org.uk>.

Trees for Free I am currently in possession of several young native trees that are needing homes. They have all been pot grown and would transfer very easily to a new site this month. There are: 3 Horse Chestnuts 4 Oaks 1 Hazel 1 Ash If you have a place in mind where they could be allowed to grow into mature specimens, please do get in touch. Thank you. Carol Webb..... tel. 01508 500602e-mail. chetcottchippy@hotmail.com

TO – ALL THE CHET CONTACT DELIVERY TEAM

You are invited to a Coffee/Tea/Cake/Snacks
morning on **Saturday 15th February** at
All Saints Church Centre

From **10-11 am**

**As a small thank you for all you do delivering
through the year, rain or shine!**



Brian Clarke Meeting Room Chedgrave



Bright modern room with free parking and access to surrounding play areas.
Ideal for clubs, family gatherings, meetings, birthday parties etc.

- Well equipped kitchen
- Wheelchair accessible + hearing loop
- Free WiFi
- Table tennis tables
- WC

To book please contact:

Georgina Buckle

Email: brianclarkeroom@gmail.com

Tel: 07981 856270



BE MET BY CHET

Established over 25 years

Selection of vehicles-Cars, Minibuses & Coaches (8,18,22,26,43 & 57 seats

No distance too small or too far

Airports/Seaports/Newmarket Races/Weddings but 24hr & Sundays by prior arrangement only

All drivers & Passenger Assistants (PAs) Police checked & First Aid trained, Pas,PATS tested

Tel/Fax: 01508 520705

Email: chet.taxi@btconnect.com

Web: www.chettaxischedgrave.co.uk



EAAT

EAST ANGLIAN AIRPORT TRANSFERS
CORPORATE TRAVEL AND WEDDING HIRE
MERCEDES FLEET

LUXURY TAXIS

FROM 4,7,8 SEATERS
ANYWHERE ANYTIME
24/7 365

Airport transfers from all major airports/seaports from Norwich, Yarmouth, Lowestoft, Ipswich, Colchester, Cacton-on-Sea

All drivers CRB'd & Police Checked
FREE QUOTES

Call us now! 01508 520257 or 07788 375440
eastangliaairporttransfers@mail.com
www.eataxi.co.uk

DHS

Landscaping

Complete landscaping service available including: paths, patios, driveways, decking, turfing, seeding, fencing, planting, tree work, clearance & renovation.
Garden design service available.

Call Mark for enquiries & free quotations

01508 538734
07798 516919

The Old Forge, Bramerton
www.dhslandscaping.co.uk



Cleaners R Us

Affordable—Professional—Reliable

DOMESTIC CLEANING SERVICE

Providing cleaning services in your area since 2003

Regular Service with same Reliable, Insured

Police Checked Cleaner

Email - norwich@cleanersrus.co.uk

www.cleanersrus.co.uk

01508 490 808

XPRESSIONS CAFÉ

Come and join us
on the first Sunday of the month,
every month, at All Saints, Chedgrave,
for craft, chat, delicious refreshments
and a different way of doing church.
10:00-12:00noon.
All welcome.



Chet Valley Photography Club



We have a new venue for our monthly meetings and now meet at The Brian Clarke Meeting Room, Chedgrave, NR14 6JB. Our monthly club meeting in February is on Monday 10th. Doors open 6.45pm for 7pm start. David Crease will be joining us to tell us about “The History of Photography” and am sure it will be a very interesting and entertaining evening. David (with Gerry Nelson) were club founder members, without them the club would not currently exist. You do not need expensive equipment at all – really good images and creative images can be taken using a mobile device (phone, tablet) or a basic “point and shoot” camera. If you want to take photographs and want to know more please come along to one of our meetings. New members will be made very welcome. The club is open to everyone regardless of their photography knowledge or experience. Have a look at our website www.chetvalleyphotography.org.uk or search Chet Valley Photography Club on Facebook for more information.

Parkinson’s UK Charity Shop, Loddon

2 Little Money Road, Loddon Industrial Estate.
Look forward to seeing you all there.

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

Jenny

Chedgrave Art Group

Formerly known as Chet Valley Art Society, this friendly painting group now meets every Friday morning at Chedgrave Church Centre, 10:00am-12:00 noon. New members welcome; all abilities, including beginners.

For further details please contact either Sandra –sandash34@icloud.com or Linda—linda@ashehamhouse.com

LODDON GARDEN & DIY

Garden Tools, Fertilisers, Weed Killers, & a massive range of Garden Accessories

Beth's Blooms Floristry Service.

A Huge Range of DIY Tools, Plumbing, Electrical and Fixings. Paint, Sealants, Aggregates, Cement and Postfix

Pet and Animal Food and Accessories

Grass Cutting from Lawns to Estates.

Lawn Mowers Serviced.
Tools Sharpened.



Calor Gas, Wood, Coal, Logs & Kindling.

25, Bridge Street, Loddon, Norwich NR14 6NA

01508 520632

loddongardenanddiy@live.co.uk

Cooper

Home Improvements

FULL RANGE OF CARPENTRY & DOUBE GLAZING SERVICES
WOOD/UPVC Window & Door Maintenance Repairs
& Installations

Upgrade to Energy Saving Glass - Cat Flaps - Locks & Handles
24/7 Call Out - Contact Us on

01508 480551 07982 711499

E:enquires@cooperhomeservices.co.uk
www.cooperhomeservices.co.uk

Hobbies

MODEL & CRAFT SHOP

MODEL KITS, DOLLS HOUSES,
TOOLS & MATERIALS

www.hobbies.co.uk 01508 549330

Find us at: Units 8B-11

The Raveningham Centre,
Raveningham, Norfolk, NR14 6NU

DESIGN & PLAN LTD

Planning Drawings

Building Regs Approvals

TEL 07888 649 290

www.designandplanltd.co.uk

ROBERT SHROPSHIRE HAIRDRESSING



PROFESSIONAL
HAIRDRESSING AND
BARBERING FOR LADIES
& GENTLEMEN IN THE
COMFORT OF YOUR OWN
HOME.

FOR AN APPOINTMENT TO SUIT YOUR
TIME & CONVENIENCE TELEPHONE

079 464 333 95

Saint Saviours Meadow Therapies

Reflexology Kundalini Reiki & Sound Therapy

We offer complimentary therapies for women

In our beautiful therapy room in Surlingham Norfolk

Call for an appointment Mob: 0776 8717 919 Tel:01508 537 067

email: ssmtherapies@gmail.com

www.saintsavioursmeadowtherapies.co.uk



Loddon and District Local History Group

In November, Elvie gave us a talk about some of Loddon's former residents, the work they did and where they did it. Most of this information came from the files in the history group's archive.

Elvie started with details of some of the teachers of the school based in what is now our library. Between 1920 -24 Mr George Herbert Kitchener was the head occupying a house at the end of the school building. He had fought in the Great War and was also a scoutmaster as well as a keen footballer. He was succeeded by William Burton who remained for a long time. Both were helped by Miss Lily Harrod, a supplementary teacher, who retired on March 31st 1941 having served at the school since 1897. Another teacher was Gertrude Victoria Nickalls who worked at the school between 1899 and 1936. She boarded at Mornington House before marrying into the Brown family who ran a motor engineering business. Some of the photos Elvie displayed were copies from photos supplied by Gertrude's family. Amongst other former residents mentioned by Elvie were some of the first Loddon doctors starting with Dr Hunt who lived at Farthing House. Doctors John and Thomas Ebdon lived at Loddon House and the Beeches, also used as a lunatic asylum. Their business was taken over by Dr Guyton Jollye and then Dr Pedgrift. In 1952 Dr Bennett arrived and then Dr Armitage in 1956. The latter had taken part in the D day landings. Many people still remember these later 2 doctors and can remember the surgery relocating to Church Plain. The doctors were aided by nurses like Ida Goodbody who rode a tricycle to make her 2,404 visits. Her successor Nurse Mildred Davy was able to use a car . She was a Red Cross Nurse during World War Two and lived in Rodwell Cottage.

Elvie finished by giving us details of some of the Blunderfield family who were farmers for several generations living at either Hales Hall, the White House, Sisland or College Farm.

The information held in the archive is extensive as this talk and previous ones from Elvie have shown. The December meeting will be written up for the next Chet Contact.

Carole Rylands

Next meeting:

Wednesday 19th February: the A.G.M., news from the Archives and plans for 2025.

All meetings are held in St John's Lecture Hall, George Lane, Loddon starting at 1:30pm. Admission £3 (includes light refreshments). All welcome.

For more info. Email Elvie (elvie.herd@uwclub.net).

Adepta Accountants

Fully qualified accountants on your doorstep

- Self Assessment tax returns
- Bookkeeping & VAT
- Making tax digital
- Accounts for small businesses
- Limited companies
- Rental accounts
- Tax advice & planning

Call Jacquie 01508 537024

jacquie@adepta-online.co.uk

Hill Farm, Kirby Road, Kirby Bedon NR14 7DU

GREAT YARMOUTH AGGREGATES

Open to Trade & Public
Delivering in your area-



Sand
Cement

Type 1
Topsoil

10 & 20mm Ballast

10 & 20mm Stone

20mm Granite

25kg Bag Salt Tablets

Call for a Competitive Quote 01493 604922

www.gyaggregates.co.uk

Scarlett

AUTO SERVICES

 Mercedes
specialists 

Servicing and repairs on all makes of vehicles

- MOT Testing Station
- Diagnostic fault code reading
- Tyres repaired & fitted
- Batteries supplied & fitted
- CAM belts
- Brakes
- Clutches
- Exhaust Systems



01508 521886 or 01508 522995

sjscarletttd@gmail.com

Unit 7-9, Langley Road Trading Estate, Langley Road, Chedgrave, Norwich NR14 6HD



Mercedes-Benz

Read Any Good Books Lately?

The White Queen, by Philippa Gregory

This is the story of a woman who ascends to royalty by virtue of her beauty, rises to the demands of her position and fights tenaciously for the success of her family, whose two sons become the central figures in a mystery that has confounded historians for centuries: the Princes in the Tower whose fate remains unknown to this day. Historical novelist, Philippa Gregory explores one of the most famous unsolved mysteries, informed by impeccable research and delivers a page-turner of a novel at the same time.

Beartown, by Fredrik Backman

Beartown is a small town in a large Swedish forest. For most of the year it is under a thick blanket of snow, experiencing the kind of cold and dark that brings people closer together - or pulls them apart. Its isolation means that Beartown has been slowly shrinking with each passing year. But now the town is on the verge of an astonishing revival.

A bright new future is just around the corner. Until it's all put in jeopardy by a single, brutal act. It divides the town, those who think it should be hushed up and forgotten, those who'll risk the future to see justice. A compelling story, a terrible crime, a fractured town and all who live in it.

I Haven't Been Entirely Honest With You, by Miranda Hart

This is part autobiographical, part self help. It is full of inspiring and vulnerable prose about Hart's own experiences with chronic illness and her relationship with herself. Packed with hard-won wisdoms and gentle revelations, this is Miranda's honest exploration of the lessons that have helped her.

I am waiting to read...Meditations for Mortals, by Oliver Burkeman – Reflecting on ideas drawn from philosophy, religion, literature, psychology, and self-help, Burkeman explores practical tools and shifts in perspective.



Ruth Redford

01508 TAXIS

Any where! Any time! Any Day!

Local trips or long distance. Airport Transfer Specialists. Wheelchair Friendly Vehicles.

Got an appointment, wait and return. Children taken to and from school.

Lady drivers available. All drivers fully CRB checked. PATS and First Aid Trained drivers.

COURTEOUS, RELIABLE AND PUNCTUAL

Business and Private accounts welcome. Ring back on missed calls.

24hrs a day; 7 days a week; with NO increase after midnight.

Email: 01508taxis@mail.com : www.01508taxislondon.co.uk

Vanessa & Pat welcome
old & new customers

Tel: 01508 321321

4, 6 & 8
seaters

General Garden Maintenance

Grass Cutting

Hedge Trimming

Fencing Creosoting

Garden Clearance



"Give Rob a call and he'll do it all"

Rob Gunton

01508 520194 or 07891 353056



Hales Fencing and Paving

All Fencing, Block Paving, Patios and Landscaping work carried out, fully insured.

Contact: - Neil Burwood

www.halesfencingandpaving.com

01508 549958 / 07900 582 683



Find us on
Facebook

Decorating Ian Poole

Painting, Tiling, Wallpapering
Hand-painted kitchens & furniture

01502 710257 / 07952022436

E:decor@ipooledecorator.co.uk

www.ipooledecorator.co.uk

Reliable & Insured



WTS

Woodmen Tree Services

Tree reductions Tree removals
Stump removal Hedge trimming

Firewood deliveries etc

Free quotations

Fully NPTC qualified and insured

Contact Michael for any enquiries

you may have

07502 627074 - 01493 601249

Email: woodmentreeservices

@hotmail.com

[https://www.facebook.com/](https://www.facebook.com/woodmentreeservices/)

[woodmentreeservices/](https://www.facebook.com/woodmentreeservices/)

GARDEN MAINTENANCE

Garden Maintenance

Trees

Hedges

Shrubs

Strimming

Allotments /

Vegetable Plots

Initial Start up

Maintenance

ROBERT WHITING

07446 749051 / 01508 522934

Over 30 Years Experience

Nature Notes

Looking out of our kitchen window on this cold grey day, I'm glad to be inside. However, our dogs did have a quick, reduced distance walk down at Hardley Staithe earlier, more due our elderly dogs' sense of direction than my reluctance to being out in the elements. I managed to spot and watch a couple of Great White Egrets flying around which made it more than enjoyable. In the not too distant past these birds would have created much excitement in the birding fraternity, but they are now becoming more and more common. In fact, over recent months, I have seen more Great White Egrets in our area than the commoner Little Egrets.

There were a few highlights towards the end of 2024, I had a message from a friend telling me he had seen a SEO in fields towards Hardley Street from Hardley Staithe. You may ask what is an SEO, as I did initially, some undercover agent hiding in the reeds! Then my brain kicked in and I realised it stood for Short Eared Owl, a winter visitor to these parts and until two years ago there was at least one overwintering there. They tend to fly in daylight and are beautiful to observe. It was a week before I managed to catch up with it and that was largely due to someone walking across the fields from Hardley Street to the Staithe disturbing it. It was another occasion when my elderly dog was going the wrong way, so I was facing back towards Hardley Street and saw the owl fly up get mobbed by two Carrion Crows and land in the field my side of a line of reeds along a dyke. Once it had landed all that was visible was the very top of its head, sadly to my knowledge it hasn't been seen again.

Another dog walk from the Staithe, along the banks of the Yare to the duck shooting ponds, I was about to turn to walk back when a Bittern flew out of the reeds, disappearing behind a row of conifers. I was surprised to realise to then see it flying back over the conifers, over my head. It continued flying downstream and landed in the reeds on the other side of the river Yare. Invigorated by seeing the Bittern I scanned the duck pits one more time when my eye homed onto a white bodied duck with a dark head swimming along the far edge of the reeds. There where a number of Shelduck on the water but this bird was very different. It then proved the point and dived confirming that what I was watching was a male Goosander. One of the sawbill ducks that we can see during the winter months, but this was the first time I had seen one in this area. I looked for it the following day but failed to locate it again, but the bittern put in another appearance.

In the last nature notes I mentioned I hadn't yet seen either of our winter thrushes but since writing that I have seen both Fieldfares and Redwings but not in their usual numbers. 2025 has seen me start a new bird list, which has crept up to a meagre 53 species by the 5th of January. These I have all seen locally but I do hope to get further afield in the next couple of weeks. Famous last words. What ever the weather, wrap up warm and venture out and see what is about, or as I am doing now, see what is about through a window.

Richard and Rachel Hull

MARTIN STOREY
OPHTHALMIC OPTICIANS

“Clear Vision Exceptional Care”

BECCLES PRACTICE

82, NORTHGATE,
NR349AY
01502471915

BUNGAY PRACTICE

3 UPPER OLLAND STREET
NR351BD
01986948188

WEBSITE: martinstoreyopticians.com

[martinstoreyopticians](http://martinstoreyopticians.com)

martin_storey_opticians

**JOHN RAMSEY
GAS SERVICE**



Heating & Plumbing Services

Boiler Service from £52

Servicing of all Gas Appliances incl. LPG
jrgas@btinternet.com

01508 528304 07799 841163

John Ramsey Gas Service, Loddon



Paths & Patios inc. Porcelain & Sandstone,
Driveways, Fencing, Digger work
Wood & Composite Decking, Hedge & Tree
Trimming. General Clearance and more.
free quotations available

Stuart Frost

High Bungay Road, Loddon
07900 432108

Stuartfrost1985@icloud.com



LAWN CUT PRO.
LAWNS MADE SIMPLE

**YOUR LOCAL
HASSLE FREE
LAWN MOWING SERVICE**

**I'LL ROUTINELY MOW YOUR LAWN
FOR A SIMPLE PRICE PER CUT**

- Your own tailored mowing schedule.
- Easy payment options.
- A top quality professional cut.
- Specialist knowledge to keep your lawn in top condition.
- No need to be at home.

**PEACE OF MIND YOUR LAWN IS
TAKEN CARE OF.**

CONTACT ME TODAY **07943 654 416**
lawncutpro.co.uk

ECOPAINTERS

Interior & Exterior Painting

- * Dustless sanding
- * Interior/Exterior lime wash specialist
- * 14years experience
- * Free quotes
- * Fully Insured
- * Repairecare™ filling lasts up to 10yrs
- * Glazing repairs

Contact Oliver on **07824679329**

Email: oliver.ecopainters@gmail.com

Website: www.ecopainters.org.uk

WALKER ELECTRICAL

Domestic Electrical Services

For extra sockets, new lighting,
PAT Testing, fault finding,
fuseboard upgrades, rewires & more...

Call 01502 712763 or 07824 723319

for a free, no obligation, estimate

Trevor Walker BSc. City & Guilds Qualified Electrician

Elecsa Registered, Part-P Approved Contractor

Elecsa Registration Number 34554

E-mail: trevor@walker-electrical.co.uk

www.walker-electrical.co.uk

Gardening Notes

Growing Fruit and Veg from scratch: Part 5.f. Mulches

Happy New Year. If your resolution is to grow your own food then there are two allotments free at Hardley Road in Chedgrave. Please contact Hayley Goldson, the Parish Clerk, if you're interested. We'll be pleased to show you round.

The old saying "nature abhors a vacuum" is true. Bare soil is very welcome to plants and they will quickly fill it, which means a lot of weeding, but also the loss of nutrients from leaching or drying out.

Organic mulches like straw, compost or manure will rot down and enrich the soil. But be warned compost and manure will contain weed seeds even if they are sold as not doing so and will only suppress weeds, not eradicate them. Bark, cardboard and newspaper rot more slowly and though adding nutrients and body to the soil they will initially take up some of the goodness to help them breakdown. Old carpet, preferably wool, will not rot so easily or not at all for synthetics. The only time I used a wool carpet as a mulch it was picked clean by the local birds. Cosy nests that year! Weed suppressing plastic mulches, purpose bought or made from compost bags will not rot down though they will degrade over time and must be disposed of.

I often combine mediums so black plastic over manure/compost and plant through them by cutting holes or using newspapers/cardboard with bark on top around fruit trees and soft fruits to save me having to hoe around them.

Andrew Milner

From the Garden

Sounds in the garden - A Buzzard soaring low across the fence, chased by a loud gang of thug gulls, Swans flying over and the songs of Robins and blackbirds reminiscent of spring.

For 30+ years I have enjoyed growing trees from seeds of found pinecones and seedlings the birds have brought me. Our garden isn't large enough to have them grow into towering giants, so they are housed in pots reaching a height their restricted roots allow, just like the many trees I have witnessed growing naturally in holes and fissures of rocks in Yorkshire and Canada.

Primroses are flowering under the Rosemary, bright yellow Calendulas and a brave Erigeron daisy are in full bloom. Then there are the 10 splendid varieties of Hellebore, some just coming into bud and others in full bloom. Bulbs are poking up here and there and vibrant new shoots are gathering on branches and at the bottom of woody stems of hardy perennials.

I've left the dead foliage and flora of Ferns, Hydrangeas and Chrysanthemums alone, creating sanctuary for overwintering bugs such as Ladybirds. The bird feeders are being kept stocked up and a mouse has been eating a soya wax candle that I made! It's 12th night so we wassailed the Bramley tree, which is looking resplendent with it's two balls of Mistletoe. 'Was hael' is old Norse and means 'be in good health' and 'Drinc hael' 'drink and be healthy' so we shared a libation of a hot spiced apple and ale drink with our tree and put toast soaked in the drink high in the tree's branches for the robin. Wasshail!

Hazel Copland



Corton House

Loving Care and Support

"My dad is a totally different man since coming to Corton House. He was lonely, now he is really happy and content."

We are a not-for-profit care home for older people, with a Christian ethos, welcoming to all. Situated in delightful gardens, we offer en suite rooms, freshly cooked meals and a varied activities programme. Get in touch to book your tour and find out more.

**City Road, Norwich, NR1 3AP • www.cortonhouse.co.uk
01603 620119 • manager@cortonhouse.co.uk**

Halls for hire in Loddon
Parties, christenings
meetings, workshops
exercise classes.....



Volunteers!
Help us to restore and
preserve historical
buildings in Loddon.

01508 521173 - loddonbpt@gmail.com - The Hollies, 10 High Street, Loddon, NR14



'ACCOMODATION IN CENTRAL LODDON' The Barn offers 'The Garden Room'-(off Loddon High Street)



Lovely self-contained converted barn room with private access, off street parking overlooking garden close to amenities and eateries.
Ideal for family reunions, celebrations & weddings
Booking via: the Airbnb website at: <https://airbnb.com/h/thebarnroom> or
Phone Tracyann Corke 07522675935 /
Email: lokefolk@yahoo.com



BROWNE & SONS

KEEPING YOU MOTORING

- Catering for all your automotive requirements since 1952
 - Vehicle sales, service & repair
 - Air-Conditioning recharge & repair
 - Tyres, brakes & exhausts
 - Local collection & delivery
 - Courtesy car fleet
- MOT Testing Station – Cars, vans & motorcycles



www.browneandsons.co.uk

TEL 01508 520315 EMAIL service@browneandsons.co.uk

Loddon Industrial Park, NR14 6JD

R.B. COPPING

FUNERAL SERVICE

Independent family Funeral Directors Since 1935

For Personal Attention with
Dignity and Respect

Private Chapels of Rest

Memorials & floral
tributes supplied

Pre-paid funeral
plans available



56 Langley Road, Chedgrave, Norwich, NR14 6HE
www.coppingfunerals.co.uk Tel: 01508 521159





Roberts & Son Printers

For all your printing requirements

Established for over 60 years



01508 520221



print@robertsandson.co.uk

Digital, Litho & Wide Format Colour Printing



Print

From business cards to large full colour posters & banners, and everything in between, we are able to print a range of different bespoke items for you at the highest quality and at competitive prices. No matter if you need just one copy or thousands, we can print it.



Design

Our in-house designers can work with you to develop new designs or work with your existing branding guidelines. If you already have existing artwork that you would like to use, no problem - we can use with that too. We strive to realise the vision that you have.



Supplies

We stock a selection of office supplies, including plain A4 & A3 copier paper, coloured paper, envelopes & printable labels. Additionally, we supply ink cartridges for home printers & toner cartridges for laser & office printers, along with other printer consumables.

2-6 Bridge Street • Loddon • Norwich • NR14 6EZ

LODDON MOTORTEC LTD

MOT TESTING CENTRE with the most up to date equipment . Seated viewing area .

Vehicle servicing and repairs carried out to a high standard by experienced qualified technicians. All our services include a brake strip and inspection .

Hybrid and Electric car repairs and servicing

With technology moving fast in the motortrade we are well qualified and happy to offer a cost effective alternative to the visiting the main dealer network.

TYRES DIRECT A huge range of makes and sizes direct from the largest wholesaler suppliers daily .Fitted and balanced free.



Independent



Family business

LODDON MOTORTEC LTD

Loddon Business Park, Beccles Road Loddon

TELEPHONE 01508 521949

RAC

Accredited Repairer