# Xtra! 11th March 2021

# *Ten Commandments*

Gathering Song:

[*"Be still and know that I am God"*](https://www.youtube.com/watch?v=dbBImzfVy94&list=PL-Wo7lu6CkstlDv7koGiZyxAquMyQNfrK&index=6)

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Why don’t you set a worship space: *purple* cloth, cross and candle.

Greeting

Peace be with you **And also with you**

Kyrie Confession

Think through the week that you have had; all the things that have happened… Then:

Father God, we are sorry for the times when we have thought things that do not please you. [*pause*]

Lord have mercy **Lord have mercy**

We are sorry for the times when we have said things that do not please you. [*pause*]

Christ have mercy **Christ have mercy**

We are sorry for the times when we have done things that do not please you. [*pause*]

Lord have mercy **Lord have mercy**

Absolution

May the God of love bring us back to himself,

forgive us our sins, and assure us of his eternal love

in Jesus Christ our Lord. **Amen**.

Gloria *Their Choice*

# Reading: *10 Commandments p40 BfB*

*This reading is from the time when the Israelites had escaped from Egypt and were wandering in the desert. I wonder if anyone knows what that time is called? ... Exodus. And we find it in the book of Exodus in the OT, near the beginning of the Bible.*

**20**1-2God spoke all these words:

I am God, your God,  
who brought you out of the land of Egypt,  
out of a life of slavery.

3No other gods, only me.

4-6No carved gods of any size, shape, or form of anything whatever, whether of things that fly or walk or swim. Don’t bow down to them and don’t serve them because *I* am God, your God, and I’m a most jealous God, punishing the children for any sins their parents pass on to them to the third, and yes, even to the fourth generation of those who hate me. But I’m unswervingly loyal to the thousands who love me and keep my commandments.

7No using the name of God, your God, in curses or silly banter; God won’t put up with the irreverent use of his name.

8-11Observe the Sabbath day, to keep it holy. Work six days and do everything you need to do. But the seventh day is a Sabbath to God, your God. Don’t do any work—not you, nor your son, nor your daughter, nor your servant, nor your maid, nor your animals, not even the foreign guest visiting in your town. For in six days God made Heaven, Earth, and sea, and everything in them; he rested on the seventh day. Therefore God blessed the Sabbath day; he set it apart as a holy day.

12Honour your father and mother so that you’ll live a long time in the land that God, your God, is giving you.

13No murder.

14No adultery.

15No stealing.

16No lies about your neighbour.

17No lusting after your neighbour's house—or wife or servant or maid or ox or donkey. Don’t set your heart on anything that is your neighbour's.

Group Discussion

I wonder what rules you have to obey.

I wonder what it would be like to have God telling you what the rules are.

I wonder which is the most important commandment.

I wonder if there should be an 11th commandment.

I wonder which you would find the hardest to keep.

Song: [*A New Commandment*](https://www.youtube.com/watch?v=quWF6I7Qv8Q)

*https://www.youtube.com/watch?v=quWF6I7Qv8Q*

Activity

On a flat stone write your 11th Commandment

Prayer

[O Lord hear my Prayer....](https://www.youtube.com/watch?v=f51n-yb11dY)

https://www.youtube.com/watch?v=f51n-yb11dY

Have I always put God first?

Do I sometimes think that there are things more important than God?

We are sorry God that we forget so easily about you and let other things get in the way of loving you.

Am I always so busy that I forget that I need to rest too?

We are sorry when we forget that just like you, we need rest.

[O Lord hear my Prayer....](https://www.youtube.com/watch?v=f51n-yb11dY)

https://www.youtube.com/watch?v=f51n-yb11dY

**Amen**

Lord’s Prayer

Our Father in heaven,

Hallowed be your name.

Your Kingdom come, your will be done,

On earth as in heaven.

Give us today our daily bread.

Forgive us our sins,

As we forgive those who sin against us.

Lead us not into temptation;

but deliver us from evil.

For the kingdom, the power, and the glory are yours, now and for ever. Amen.

Blessing

**May the lightness of God go with you**

**May the brightness of God go with you**

**May he shine on all you do.**

**May God bless you.**

Messy Grace

Resources:

Purple cloth, candle, matches, snuffer; A flat stone, pen